

## Intergroup Representatives (IR) Meeting Minutes

November 3, 2022

The meeting was held via Zoom at 7:02 pm and chaired by Blake R.-President. Other Board members present were: John-Vice President, Barry R.-Treasurer, Mary Kay H.-Secretary, Linda W.-Board member and AIS Office Liaison, and board members Barbara B.S., Christine M.R. and Jan McD. Susan C., AIS Office Staff, also attended.

1. & 2. Opening-Blake called the meeting to order with a moment of silence, followed by the Serenity Prayer and the short reading of Tradition 11.
3. Introductions- Guests & New IR Members Only-There were 26 members present including 8 Board members, 16 IRs, 1 visitor from District 25, and 1 unregistered electronic meeting.
4. Secretary Report - QUESTIONS/APPROVAL- Minutes from October IR meeting were sent in packet. Mary Kay pointed out that in the Answering Service Report Peggy B. requested an amendment to document there was one extra call in September. Mary Kay inquired if an amendment was necessary because it is noted in the Report submitted for this meeting. The consensus was that no amendment was needed and the minutes were unanimously approved.
5. Treasurer report-Barry provided the treasurer report and following summary:  
Overall, the month of September 2022 produced a decent result, with a Net Operating Deficit of [\$210]. YTD was a Surplus of \$2,172. On a cash flow basis, Literature Sales were \$1,168 above average at \$2,585. Group Contributions were also above average at \$2,196. Miscellaneous Contributions and the Sustaining Support Campaign were below what has been budgeted on average. Total Revenue was \$6,257 versus a budgeted average of \$5,325. Monthly Expenses, at \$6,467, were \$970 above average. Literature expenditures were \$1,425 above budgeted average. We all know that there has been distorted supply and demand issues surrounding literature ordering and sales. Total cash in checking was \$6,329. Total Cash and Reserves was \$60,613. This reflects a reduction in the investment value of \$4,690 in the income securities that AFG of STL holds on reserves. This has fluctuated from year-to-year. According to our CPA/bookkeeper, our past financials show that in 2021 the investment value increased by a similar amount and in 2020 it decreased by a lesser amount. Prior to 2020 it did not fluctuate much. The previously approved drawdown of \$5,000 is still only half drawn.  
The treasurer report was unanimously approved.
6. Public Outreach Committee Report-John reported that two new members will be joining the meeting next week which will bring the total to 10 on the committee. The focus is on reaching out to treatment centers and school counselors. They are putting together new packets and spoke at several treatment centers last month: Center Point, Sana Lake, and Harris House. They missed a Sober Festival in Kirkwood but are on the agenda for next year. There will be more public outreach pamphlets sent out soon to share at meetings. They are also focusing on the Alcohol Awareness Month in Warren County. District 14 reached out to the Committee about funding a billboard and they are looking into how Public Outreach can participate in that project. They are looking for volunteers to help with outreach at Parole

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Board meetings, which is very active. They believe that the increase in meeting attendance is a result of more public outreach.

Donna H. asked how many Professional Packets have gone out. John reported that they are beginning to track on a spreadsheet, but will report back. Susan C. reported that her guesstimate is they sold around 100 packets and will provide a number at the next meeting. **Topic tabled.**

Barry added that there was an inquiry on the amount already spent in 2022 and it was approximately \$650; the budget is approximately \$1,000. John commented that literature costs have increased.

### 7. QUESTIONS-After Hours, Office & Website Written Reports –

In addition to the Office Report, Susan commented that a Holiday Open House flyer was sent out today with the Sincerely AI-Anon. It will be held at the Central Services Office large meeting room from 3-7 pm on Wednesday, December 21<sup>st</sup>. It's a potluck so bring a dish to share. It is with A.A. and AI-Anon and the AI-Anon Office will also provide some snacks. More information will be sent out.

Office Report- Please let the office know of any changes/cancellations of meetings for the holidays.

HOLIDAY HOURS: Thanksgiving Thursday Nov. 24<sup>th</sup>. Closed Thursday and Friday (24<sup>th</sup> and 25<sup>th</sup>)

Christmas Sunday Dec. 25<sup>th</sup>. Closing early (3 pm) on Friday the 23<sup>rd</sup>, Closed Monday December 26<sup>th</sup>

New Years Day Sunday Jan. 1<sup>st</sup>. Closing early (3 pm) on Friday the 30<sup>th</sup>, Closed Monday January 1<sup>st</sup>.

List of Books Out of Stock from WSO as of 10-27-2022. We have no time line about the books below. Please call the office for availabilities.

1. Courage to Change (B-17) Large print
2. Lois Remembers (B-7)
3. Paths to Recovery (B-24)
4. New Service Manual only on pdf
5. Alateen Detachment (P-73)
6. Alateen Slogans (P-70)
7. AI-Why Anonymity in AI-Anon (P-33)
8. Anon/Alateen Groups at Work 2022-2025 (P-24) – We have 10.

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### My Journey Journals

Journals are \$12.00 each. They make great gifts or attendance prizes. Please call the office for more information at 314-645-1572. These make great presents and are easy to mail.

### Meeting Updates

Please let the office know of any change to your meetings by emailing the new information to [aisoffice@stl-Al-Anon.org](mailto:aisoffice@stl-Al-Anon.org)

### Sincerely Al-Anon

If members would like to write an article or include an event in the Sincerely Al-Anon please send to the AIS Office by the 15<sup>th</sup> of each month. Please ask your group members to sign-up for our newsletter at [www.stl-al-anon.org](http://www.stl-al-anon.org).

### 7<sup>th</sup> Tradition Contribution to the AIS Office in your Group's Name

If you want your contribution to go towards your group, at the office we need the name of your group. Please check the meeting list for the correct name. Below is a link to our meeting list.

There are three ways:

1. If you contribute on line there is a space called message to put in your group's name.
2. If you send a check please write on the check or include a note giving us your group's name.
3. You can also drop by the office with your group contribution.

If you include that information we will acknowledge your group in our monthly newsletter Sincerely Al-Anon.

Please make sure you have the correct name of your group. There are times when the wrong name is given.

If you have any questions please contact the office at 314-645-1572- M-F 9-5 pm.

Thank you to all our Al-Anon members/Groups who support the AIS Office.

### Newcomer Packets

The AIS Office has given out 16 newcomer packets for the month of October. Included in the regular NC packets were 6 Parent Newcomer packet and 1 Alateen Packet. With each phone call or walk in we have wonderful chats about the Al-Anon program. Thank you to our many volunteers who when needed call the newcomers.

### November Events

11-5 & 6 MO Assembly- Camdenton, MO., 11-12 Breakfast Potluck-St. Peters, MO -11-1 District 2 Business Meeting

In Service, Susan C.

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### ANSWERING SERVICE REPORT

The answering service had 3 calls for October!

Man whose wife was currently in a treatment program left a message wanting in person meetings. A message was left for him asking him to call back before 9 that evening or he could call the office during the day.

Woman called looking for a password for a meeting. The volunteer got the message after the meeting had occurred but attempted to reach the caller and left a message.

Woman who had just taken her husband to treatment called looking for information. The volunteer called back, left a message to call back or call the office daytime.

I had a volunteer advise she had a call in September but she updated me after the Intergroup meeting on Oct 6. It was a woman looking for meetings. The volunteer called her back and assisted her. If the minutes can be amended to account for that call for September, that would be great.

In Service, Peggy B

### AIS OFFICE OCTOBER SALES AND WEBSITE REPORTS

#### Website

1. AIS Office Staff made all updates to events, flyers, and web store.
2. Chris E. will still make design and layouts changes as needed until we get new webmaster. (New webmaster has submitted application: board approval should be soon).
3. Added Holiday hours, inclement weather instructions and answering service to website home page.
4. Any questions about the website please contact the office.

#### Web Activity

5. 3298 views from 1421 people
6. 200.65 sales from 11 orders
7. Orders shipped to MO, GA, WA, PA, TX

#### Total AIS Sales

1. 96 Total Orders \$4,644.00
2. Top Book Sales: 40 How Al-Anon Works, 16 Courage to Change, 4 Large Print Books
3. 100 Newcomer Packets, 84 Professional Packets
4. Top Pamphlet Sales: 35 Just for Today, 16 Detachment, 15 This is Al-Anon

In Service, Joe Ogier, AIS Staff Member

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### 8. Old Business:

- a. Outreach-Police Precinct-Blake reported that he has not gotten to the AIS Office to pick up additional business cards due to his work schedule, but the precinct is using those he previously provided. **Topic tabled.**
- b. Unregistered Online Meeting Groups-Tabled under after November Assembly meeting-Susan mentioned that this topic is one of the motions to be presented at the Assembly. Information about the outcome will be in the Sincerely AI-Anon and possibly a special email. **Topic tabled.**
- c. Website Coordinator-Blake announced that a new website coordinator has been found because someone (Lisa R.) made the announcement at her meeting. And, the new coordinator has knowledge about Weebly. Linda added that the AIS Office staff and new coordinator will be meeting on November 19<sup>th</sup> and go through the website page by page.
- d. Articles of Incorporation-Update-Barb reported that what was needed to be done has been completed and she will get with Blake to have it executed. She will then mail it in and it's just a correction to what was sent in before; there is no fee. She added that going forward she is happy to manage any legal reviews and can consult with Marc B. if needed.
- e. Outreach-Family Court Crisis Intervention-Christine reported that she has no update but will be attending a court meeting next week. **Topic tabled.**

### 10. New Business:

- a. FYI-Board Officer elections-Blake reported that officer elections will be held at the November Board meeting. Current board members who hold positions, except Mary Kay who will be focusing on District Rep position, will stay in their positions. Mary Kay added that there is still room on the Board; the By-Laws stated there can be 9 on the Board. She asked that this be mentioned at meetings and that the Secretary position will be open.
- b. St. Louis AI-Anon: Goals/Objectives for 2023-Blake asked members to think about this topic and have some targeted plans. **Topic tabled.**

### 11. Open Sharing:

- a. John asked about Alateen meetings and getting more started. Susan reported that there are currently 3 stand-alone Alateen meetings in St. Louis. There is also another in Illinois. Linda inquired if there was an A.M.I.A.S. (AI-Anon Member in Alateen Service)

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training scheduled. Mary Kay offered to gather more information about Alateen while attending the Assembly this weekend. **Topic tabled.**

- b. There was a question about how to obtain the correct Zoom address. Response is to call the AIS Office.
  - c. Linda asked Mary Kay to present the AIS Office Report at the Assembly and she agreed.
12. Meeting Close-The next meeting will be held Thursday, December 1, 2022 at 7:00 pm on Zoom. The meeting adjourned at 7:33 pm with the Serenity Prayer followed by the AI-Anon Declaration.

Respectfully submitted,  
Mary Kay H., AFG STL Board Secretary