**PO Minutes for ZOOM Meeting of August 7, 2023 @ 5pm**

**Attendees:** Joy, Jan, Nell, Margaret, Susan T, Susan B, John, Janet O and Cathy

**Opening**: Serenity prayer led by Susan.

**Minutes:** Cathy submitted the minutes from the July meeting; no changes.

**Treatment Centers** **and Event Happenings**

* Joy – October is Substance Abuse Prevention Month and September will be the MASA MO presentation in Sullivan; will share update when has more info.
* Margaret – presentation completed at Keeley Co; she was able to contact Carly and they will use the PSA video. Continues to visit Bridgeway x2 month; D9 has been helping with this. Continues with Harris House. Has been giving out posters, recently placed one at Bridgeway. Harris House is only on zoom every other month at this point; Cathy may have a volunteer who would like to help.
* The AIS office has a tracking form for use when a person/group has an event or when the suitcase goes out or when professionals call in for info. Cathy did a rough draft for this and is waiting for the office staff to track. (for professional calls only)
* Cathy has modified the PO contact sheet for logging events and is updating it for 2023.

**Budget:**

* Balance: $863.15 available. Uncertain of expenditures at this time. Waiting to hear from AIS office.

**Digital:**

* John – AIS website has been updated and is being kept current. Socia media - if have questions regarding guidelines on social media, can refer to the WSO website.
* New Facebook page for Al-Anon in Franklin County. It’s a district website; has good updates about meetings. Check it out and start to follow! Warrenton has FB also, went live in July.
* John questioned how does a FB page work in relation to Al-Anon guidelines? Joy reports there is no ability to make comments on the FB pages in her Districts and it is not connected to an individual person but rather the Districts. Only Al-Anon info is published. An individual may check the service manual for further informational guidelines if wanted.
* John questions if a mobile app would be helpful for the AIS website? AA has an app for meetings etc. Should Al-Anon consider doing this? AIS office is in service to the all the Districts. Would this help promote value of the AIS office if a mobile app is used?
* Joy – with Days of Service event she used handouts which included service positions guidelines for IR’s and DR’s. Janet confirmed that all IR positions are clarified in the Service Manual.
* Janet shared she came from another area, and it was exciting to find an AIS office such as we have in St. Louis. Members are very fortunate to have our literature at the AIS office as not all cities have an AIS office.

**Old Business:**

* Christine – getting info to ER’s, clinics etc. This is on hold at this point.
* Library info: Cathy has developed a table with a list of libraries in neighboring districts, as well as the location and contact info. for the library. It also has space for doing the Al-Anon literature inventory; could also be used as a tracking tool. An individual is able to check online as to what Al-Alanon literature is available at a particular library.
* Nell’s district voted to put Forum magazines at the libraries; she delivered some FORUM copies and business cards to the library in her area. She will follow-up on this.
* Jan shared that libraries have a budget to buy books; perhaps we could do the inventory and then suggest books for them to purchase?
* Janet is willing to do searches for the Al-Anon library information.
* Joy has delivered books to the five libraries in Franklin County; she will share this info with Cathy.
* Joy shared that another state put together a document on how to access and put books in libraries; the book chosen for distribution was *How Al-Anon Works.* This project was done out of state, maybe in TN?
* Jan suggested checking academic libraries for Al-Anon info. Also, perhaps make contact with social worker groups/schools. Janet suggested that nursing schools could also be inventoried.

**New Business:**

* There is a PO opportunity at Our Lady of Snows (Belleville IL) in August; info sent to the DR. Also, D14 is aware of IBEW Outreach/ Health Fair in D14.
* Discussed post event professional survey form which is in the suitcase which Sue B used in the last month. She will write up a short blurb for SA. Will be using the suitcase again in August and October. Bowe funeral home is having a Senior Fair on August 15th. Sue states the members in her district frequently tell her about events in her area which is a great help/resource for her.
* Sue B wrote an article for the LEADER newspaper (in Jefferson County) for August 23; she wrote the article or short ad for the paper to advertise the fair. Sue B will check with the WSO regarding ability to use logo for an event.
* Jan suggested putting info in the SA newsletter re: using suitcase.
* Margaret contacted the head of the St. Charles NAACP; plans to set up a meeting to explain Al-Anon; waiting to hear from them. Also sent a PSA to SPC TV in St. Charles to check out possibility of an ad.
* Margaret is researching local churches to see if there is a possibility of posting Al-Anon on a calendar or bulletins; will follow-up regarding this. She uses business cards frequently.
* Fall Classic: can we share Al-Anon info at this event? Great opportunity. Cathy to follow-up with this at the AIS office.
* John: Spring Fling Trivia Night on Aug 19. He might use the suitcase for this as he is a guest speaker; will contact the office if needed.
* Cathy suggested asking groups to donate their old Forums to PO via the AIS office.
* Many community centers have an annual health fair; perhaps the PO group can be on the lookout for these fairs. Is there a special website that publishes this info?
* Joy: new Sullivan meeting has started; has solid 4 to 6 people attending. Pastor asked for an informational blurb for the bulletin which was done. A recent new member saw the Al-Anon poster at a laundromat and came to the meeting because of that! Great outreach!
* Ice Cream Social on Aug 13 in D13…will have Al-Anon and AA speaker at Des Peres Park.
* Ice Cream Social on Aug 20 at the AIS office.
* Susan T offered her services to make calls or help in any way even with her computer skills. Give her a call if you need help!
* Business cards for PO are still available at the office and have been paid for by the PO group. Pick some up if you need them!

**Closing:** Jan closed with the Serenity prayer

Next Meeting: Sept 11th, 2023.