**Intergroup Representatives (IR) Meeting Minutes**

**Thursday, April 4, 2024**

The meeting was held via Zoom commencing at 7:02 PM and chaired by Gene M., Vice President in Blake R’s absence. Other Board members present were: Barb S, Secretary, Jan McD, board member, and Diana B, Treasurer. Susan C, office staff, also attended.

1. **Opening**: Gene opened the meeting with a cleansing breath/moment of silence, followed by the Serenity Prayer and a reading of Tradition 4.
2. **Attendance**: There were 18 total members present including 4 board members, 1 Office Staff member, and 13 IR’s, including 2 new IR’s.

3)  **February IR Meeting Minutes** -

The minutes from the March, 2024 IR Meeting were sent out to the IR’s via email prior to the meeting. Discussion took place on the minutes, and one IR asked that there be a correction to the second point under the Public Outreach section to reflect that the PO Committee is providing Al-Anon information/literature to the listed heroin/fentanyl seminar in May and not information about those drugs. All agreed that in lieu of amending those minutes formally, a correction would be listed in these minutes.

That point is hereby amended to state:

There will be a public outreach Al-Anon table providing Al-Anon information and literature for a heroin/fentanyl seminar in May and at a senior fair in April.

With that corrections, the minutes were approved.

4)  **Treasurer’s Report:** The following report was submitted via email to the IR’s for review prior to the meeting - Diana B, Treasurer, presented the report.

**April 4, 2024 - IR Meeting**

**Treasurer’s Report**

**Status as of February 29, 2024**

**February 2024 Summary**

1. For the month of February, 2024, Total Revenue of $6,010 is just below the 2024 budgeted average of $6,203.
2. On a cash flow basis, Literature ales were $3,232 versus 2024 monthly budgeted average of $2,291.
3. Group Contributions were $2,133, just below the monthly budgeted average of $2,333. Miscellaneous Contributions of $333 were lower than the 2024 monthly budgeted average of $1,083.
4. Monthly Expenses of $6,076 were slightly below the 2024 monthly budgeted average of $6,261.
5. Literature costs of $1,777 were slightly above the 2024 monthly budgeted average of $1,666.
6. We ended February with a net operating deficit of $66.00 for the month. Overall, YTD we have a $1,743 operating surplus.
7. Total cash in checking was $6,286. Total Cash and Reserves is $59,414.

Respectfully submitted,

Diana Butler

The Treasurer’s Report was unanimously approved.

5) **Public Outreach** -

Gene M, committee liaison, summarized the committee’s activity - highlights as follows:

* PO Committee met on 4/1 with 10 members present.
* Continuing to work with treatment centers (Bridgeway, Harris House and the Aviary Center).
* Committee has thus far only spent $36.23 as of the end of February of their 2024 budget of $1,000.
* Gene clarified to PO Committee that a member of Al-Anon can bequest up to the amount of the AIS office’s annual operating expenses (approximately $75,000 annually). This is in line with the WSO guidelines.
* Three districts have picked up their Alateen packets. Packets available for pickup at the AIS office.
* PO will have literature available at the Spring Fling (April 19-21). Need volunteers for the literature table.
* PO will provide Al-Anon literature for a Teen Summit on April 12th.
* PO Committee plans to have an Al-Anon information table and provide literature to several more upcoming events/fairs. Anyone interested in volunteering can contact the AIS Office.
* PO participated recently in a panel discussion at UMSL with master level students to discuss Al-Anon.
* Committee considering contacting domestic violence facilities to offer Al-Anon information and literature.
* Joy (statewide PO) plans to have a statewide PO meeting after the Assembly (possibly June).

6) **After Hours and Office Reports** -

The following report was sent out to the IR’s via email for review prior to the meeting:

**\*AIS IR Office Report April 2024\***

***WE WANT YOU!!***

***THE AIS OFFICE IS LOOKING FOR VOLUNTEERS FOR OUR SPEAKERS BUREAU.***

***PLEASE CALL THE OFFICE OR FILL OUT AN VOLUNTEER FORM ON OUR WEBSITE, then email to the office.***

***Ice Cream Social & Jewelry Sale August 18th 2024***

***We need volunteers! Call Susan C. on Tuesday or Thursday at the Office.***

**We love to post Al-Anon events!!**

Please email your PDF Flyers to [aisoffice@stl-al-anon.org](mailto:aisoffice@stl-al-anon.org).

If you write an article we will publish it in the Sincerely Al-Anon with a link to your flyer.

All flyers need to be in a PDF form.

**Answering Service Report (After Hours)**

No calls for the month of March.

**AIS Office Website Report  
February Web Activity:**

2 web orders; 92 total sales and contributions

134 newcomer packets. 37 How Al-Anon Works, 23 A Little Time….

**Sincerely Al-Anon**

Please ask your group members to sign-up for our newsletter at [www.stl-al-anon.org](http://www.stl-al-anon.org).

**Newcomer Emails**

The Office now has a Welcome to Al-Anon Email. Please let your groups (especially our Zoom meetings) know that this exists. If your group would like to have this for newcomers, please contact the office.

13 emails sent to newcomers two referrals from relatives in AA/AFG; 6 from our website.

**Meeting Updates**

Please let the office know of any change to your meetings by emailing the new information to [aisoffice@stl-al-anon.org](mailto:asioffice@stl-Al-Anon.org).

To get the meeting changes in the weekly updates it is best to get the information to the office by Monday 9am.

**Public Outreach Report**

The PO committee next campaign is Alateen packets to give out to all who work with students. We will be looking to the district on ways to distribute the Alateen packets. AIS Office PO Committee is always looking for new ideas to spread the

word about Al-Anon. Email or call the office with your ideas.

**Replacement Pages**

[Replacement Pages for Service Manual](https://al-anon.org/pdf/P2427-v3-replacement-pages.pdf)

**For 2024**

***July the 4th is on the first Thursday. The Office will be closed due to the federal holiday.***

***The IR meeting will be on July 11th at 7 pm***

***Susan C.***

*Susan C discussed the need for more volunteers for the speaker’s bureau. She pointed out that volunteering was easy and how to access the volunteer form on the AIS website. There are other volunteer opportunities as well including serving on the PO Committee or volunteering for their various events or serving as a Board Member.*

7) **Old Business: None**

8) **New Business -**

-IR Meetings - is the Zoom format OK? - discussion took place by several IR’s and Board Members pointing out the advantages and disadvantages of both Zoom and in person meetings. Many IR’s said that they would not be able to attend an in person meeting and preferred the Zoom format (distance and issues driving at night). To continue to have the meetings on Zoom was unanimously approved. Further discussion took place as to whether IR’s would attend one in person meeting per year at the office. We decided to have further discussion on that at the next meeting. Susan C reported that our normal meeting time (Thursday at 7 PM) is now taken at the AIS Office by an AA meeting so if we did have a meeting in person, it would have to be at 7:30 or at another day/time.

* AA/Al-Anon picnic - will be on June 9th at Deer Creek Park at 11 AM
* Ice Cream Social will take place at the AIS office on August 18th from 1-4.

Both these events have joint AA/Al-Anon participation. Susan C is asking for jewelry donations for a fundraising jewelry sale which will occur at the ice cream social. She is also looking for volunteers to assist with the sale. Contact her at the office on either Tuesday or Thursday if you can help.

Gene closed the meeting at approximately 7:44 PM with the Serenity Prayer and the Al-Anon declaration.

The next IR meeting is Thursday, May 2nd at 7 PM via Zoom.

Respectfully submitted,

Barb S

Board Secretary