

NOTE: To access Zoom meetings audio only by phone call (312) 626-6799

The Call-In number, Meeting ID and Passcode can also be used to connect to the Zoom meetings by phone (old fashioned teleconference).

Tips for phone participants: Use *6 to toggle mute/ unmute and *9 to raise your hand.

St. Louis Metro Area Meetings:

Visit www.stl-al-anon.org or phone (314) 645-1572 for the most current meeting schedule **Southern Illinois Area Meetings (IL meetings listed separately at the end of the list)**

Visit www.siafg.org or phone (618)463-2429 for District 18 (Northern Metro East); or phone (618)398-9470 for District 14 (Southern Illinois)

Out of Town Meetings:

Visit <http://al-anon.org/find-a-meeting> or phone Al-Anon World Service Office at (800) 344-2666 (before 3:00 p.m. local time).

To Those Who Are New to Al-Anon:

You are welcomed at any Al-Anon meeting! When Al-Anon Family Groups of Greater St. Louis lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon's Twelve Traditions and keep the door open to any Al-Anon member. Listing in this Directory does not constitute approval or disapproval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another meeting.

Types of Meetings:

FF-Family and Friends (and Newcomers) Only; **O**-Observers Welcome; **AC**-Adult children of an alcoholic; **AT**-Alateen—In order to protect Alateen children and teens, NO adults, other than certified Adult Members in Alateen Service(AMIAS) may attend an Alateen meeting; ; **LGBT**-Lesbian, Gay, Bisexual & Transgender; **M**-Men only; **NC**-Newcomer; **W**-Women only; **PG**-Parents Group; **BBS**-Babysitting; **H**-Handicap accessible.

Meeting Focus: **BkS**-Book study; **D**-Discussion; **Sp**-Speaker; **S**-Steps; **S&T**-Steps and Traditions

SHADED CELLS FOR ADDRESS/DISTRICT INDICATE NO LIVE MEETING; ZOOM ONLY

Al-Anon Participants will comply with mask requirements as determined by the facility &/or Group

ALATEEN MEETINGS

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
KIRKWOOD MO SUN 6:30 PM AT	LIVE In-Person No Meeting 3/31/24	DREAMS BECOME REALITY AFG ALATEEN	Kirkwood United Methodist Church 201 W Adams Ave. Kirkwood, MO 63122 Dist 15	Ages 12-19 No Meeting 3/31/24
ST. PETERS MO SUN 6:30-7:30 PM AT	LIVE In-Person	TRUE PATH TO FREEDOM AFG ALATEEN	Chapel of the Cross Lutheran Church 907 Jungerman Rd St. Peters, MO 63376 Dist. 17	Ages 10-17
BRIDGETON TUES 7:00 PM AT	LIVE In-Person	DREAMS TO REALITY AFG ALATEEN	Arlington Methodist Church 3770 McKelvey Road, Room 105 Bridgeton, MO 63044 Dist. 9	Ages 13-20
FESTUS MO TUES 7:00 PM AT	LIVE In-Person	LISTENING, CARING & SHARING AFG ALATEEN	First United Methodist Church 113 Grand Ave Festus, MO 63028 Dist. 2	
PICKNEYVILLE IL FRI 8:00 PM AT	LIVE In-Person	THE HIGHER POWER'S TEAM AFG ALATEEN	605 S. Douglas Pickneyville, IL 62274 IL Dist. 14	

AL-ANON MEETINGS-ST. LOUIS METRO AREA

SHADED CELLS FOR ADDRESS / DISTRICT INDICATE NO LIVE MEETING; ZOOM ONLY

CAPE GIRARDEAU 7 DAYS/WK 7:45 AM FF	PHONE- "Morning Meditations"	RIVER CITY FREEDOM AFG	Dist. 22	(862) 799-9935
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SUNDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
EUREKA SUN 5:45 PM FF/H	LIVE In-Person	EUREKA SUNDAY SANCTUARY AFG	St. Francis Episcopal Church 602 Rockwood Arbor Drive Eureka, MO 63025 Dist. 13	Enter off parking lot on the left hand side of the building, center door
IMPERIAL SUN 6:00 PM FF/O*/H	LIVE In-Person	JOE'S PLACE AFG	St. Joseph's Catholic Church 6020 Old Antonia Road Imperial, MO 63052 Dist 2	Church Nursery *Observers 2nd & 4th only Al-Anon
KIRKWOOD SUN 6:30 PM FF/O/H	LIVE In-Person No meeting 3/31/24	SUNDAY SERENITY AFG	Kirkwood United Methodist Church 201 West Adams Road Kirkwood, MO 63122 Dist 15	No meeting 3/31/24
KIRKWOOD MO SUN 6:30 PM AT	LIVE In-Person No meeting 3/31/24	DREAMS BECOME REALITY AFG ALATEEN	Kirkwood United Methodist Church 201 W Adams Ave. Kirkwood, MO 63122 Dist 15	ALATEEN No meeting 3/31/24
MARYLAND HEIGHTS SUN 7:00 PM FF/PG/H	ZOOM & IN- PERSON	NORTH COUNTY PARENTS AFG	Holy Spirit Annex 3111 Parkwood Ln. Maryland Heights, MO 63043 Dist 9	ZOOM ID / Password 838 4857 1951 / 462279

MEHLVILLE SUN 6:00 - 7:30 PM FF/O	LIVE In-Person	SUNDAY NIGHT 11TH STEPPERS AFG	St. John's Evangelical UCC 11333 St. John's Church Rd (Behind Denny's) Mehlville, MO 63123 Dist 2	
RICHMOND HEIGHTS SUN 9:00 - 10:00 AM FF/O/H	ZOOM ONLY	FRESH START AFG	St. Mary's Health Center 6420 Clayton Road Richmond Heights, MO 63117 Dist 14	ZOOM ID / Password 864 0245 4307 / 445220
SAPPINGTON SUN 8:00 PM FF/NC/H	ZOOM & IN- PERSON	HELPING HANDS AFG	First Unity Church 4753 Butler Hill Rd. St. Louis, MO 63128 Dist 2	ZOOM ID / Password 880 562 790 / 004963 East Entrance
ST. CLAIR SUN 6:00 PM FF/O/H	LIVE In-Person	WALK WITH LOIS AFG	Parkway Nazarene Church 1190 Virginia Mines Rd., St. Clair, MO 63077 Dist 28	Back Door
ST. LOUIS SUN 9:00 AM FF/O/H	ZOOM ONLY	STAY IN THE MOMENT	First Unitarian Church of St. Louis 5007 Waterman Blvd St. Louis, MO 63108 Dist 14	ZOOM ID / Password 859 9086 6305 / 895839 Zoom info: stayinmoment.afg@gmail.com
ST. PETERS SUN 6:30 PM FF/O	ZOOM & IN- PERSON	A VERY SPECIAL WAY AFG	Chapel of the Cross Lutheran Church 907 Jungerman Rd St. Peters, MO 63376 Dist 17	ZOOM ID / Password 481 623 4427 / 039889 attendees in ZOOM ONLY "waiting room" until admitted by chair
ST. PETERS MO SUN 6:30-7:30 PM AT	LIVE In-Person ALATEEN	TRUE PATH TO FREEDOM	Chapel of the Cross Lutheran Church 907 Jungerman Rd St. Peters, MO 63376 Dist 17	Ages 10-17 ALATEEN
WASHINGTON SUN 7:00 PM FF/H	LIVE In-Person	FIRST DAY AFG	St. Francis Borgia Middle School 314 Cedar St. (@ 2nd St) Washington, MO 63090 Dist 28	Kitchen
ZOOM ONLY SUN 9 AM FF/W/BKS	ZOOM ONLY	SERENITY SISTERS AFG Women Only		ZOOM ID / Password 935 670 5424 / Serenity Read 12 & 12

MONDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BALLWIN MON 7:00 PM FF/M	ZOOM & IN- PERSON	MEN'S PATH TO SERENITY	St. Mark Presbyterian Church 601 Claymont Dr. Ballwin, MO 63011 Dist 13	EMAIL MarcBraun59@gmail.com for Login Information. Lg Rm Downstairs.
CHESTERFIELD MON 10:15 AM FF/H	ZOOM ONLY	CHOICES AFG		ZOOM ID / Password 850 2224 8843 / alanon
CLAYTON MON 2:00 PM FF/H	LIVE In-Person	WONDERFUL POSSIBILITIES AFG	Samuel Church 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	Handicap accessible- entry off the parking lot
CLAYTON MON 6:30 PM FF/O/BKS/H	ZOOM & IN- PERSON	EASY DOES IT AFG	Samuel United Church of Christ 320 N. Forsyth Blvd. Clayton, MO 63105 Dist 14	ZOOM ID / Password 816 821 7594 / 7594 Book Study
CRESTWOOD MON 1:00 PM FF/H	LIVE In-Person	LIFELINE AFG	Crestwood Christian Church 11750 Eddie & Park Rd. Crestwood, MO 63126 Dist 15	Entrance to church is off of Parkholm
CREVE COEUR MON 6:00 PM FF/W/D/H	LIVE In-Person	DAUGHTERS WITH DIGNITY AFG	St. Timothy Episcopal Church 808 N. Mason Creve Coeur, MO 63141 Dist 13	Second Floor
LAKE ST. LOUIS MON 6:30-7:00 PM 1st Mon. of each mo. FF/O/NC/H	LIVE In-Person	NEW LIFE BEGINNERS AFG 1st Monday of each month	Transfiguration Episcopal Church 1860 Lake St. Louis Blvd. Lake St. Louis, MO 63367 Dist 17	
LAKE ST. LOUIS MON 7:15-8:30 PM FF/O/Sp/BBS/H	LIVE In-Person	JOURNEY TO RECOVERY AFG	Transfiguration Episcopal Church 1860 Lake St. Louis Blvd. Lake St. Louis, MO 63367 Dist 17	
MANCHESTER MON 7:00 PM FF/O/H	ZOOM & IN- PERSON	THERE IS A SOLUTION	Notre Dame House (across from St. Joesph) 526 St. Joseph Lane Manchester, MO 63021 Dist 13	Last house right, before Schroeder Pk (across street from St. Joseph Catholic Church) ZOOM ID: 790 695 7041 Host will admit
MEHLVILLE MON 6:30 PM FF/O	LIVE In-Person	TWO OPEN HANDS AFG	St. John's Evangelical UCC 11333 St. Johns Church Rd. Mehlville, MO 63123 Dist 2	Enter farthest door on the left. The door closest to the cemetery
MEHLVILLE MON 7:00 PM FF/M/PG/H	LIVE In-Person	MEN'S NIGHT OUT AFG	Hope Vineyard Church 2923 Telegraph Rd St. Louis, MO 63125 Dist 2	Rear Door
OVERLAND MON 10:00 AM FF/H	ZOOM & IN- PERSON	FREE TO BE ME AFG "How Al-Anon Works"	New Horizons Presbyterian Church 9424 Everman Overland, MO 63114 Dist 9	ZOOM ID / Password 905 500 9221 / 597494 Side entrance; second floor

PACIFIC MON 6:30 PM FF	LIVE In-Person	MONDAY METERS AFG Topic Meeting	202 North Columbus St Pacific, MO 63069 Dist 28	Enter though back door
PERRYVILLE MON 7:30 PM FF	LIVE In-Person	HELP FOR TODAY, HOPE FOR TOMORROW AFG	Discover Life Church 1324 Grand Ave Perryville, MO 63775 Dist 22	
ST. LOUIS CITY MON 6:00 PM FF/O	ZOOM ONLY	HOW AFG WORKS Book Study	Dist 14	ZOOM ID / Password 986 9608 4394 / 034798
ST. LOUIS CITY MON 6:30 PM FF/NC	ZOOM ONLY	SOUTHSIDE NEWCOMERS AFG	Buder Branch Library 4401 Hampton St. Louis, MO 63109 Dist 14	For Login Information Contact: Laurie K. 314-351-8545 or Geri 314-849-2799 or Megan 314-388-5920
ST. LOUIS CITY MON 7:15 PM <i>5th Monday of Month - Open Family, Friends, & Observers Welcome Meeting.</i> FF	ZOOM ONLY	SOUTHSIDE AFG	5th Monday -Open Family, Friends, & Observers Wecome Meeting. Professionals, family and interested persons are welcomed.	Zoom ID / Password 833 3117 6899 / 295576 For Information Contact: Laurie K. 314-351-8545 or Geri W. 314-849-2799 or Megan M. 314-388-5920
UNION MON 12:00 PM FF/O	LIVE In-Person	TOGETHER WE CAN AFG	First Methodist Church 848 W. Main St. Union MO 63084 Dist 28	
WARRENTON MON 7:00 PM FF	ZOOM ONLY	WARRENTON 12 x 12 AFG	College United Methodist Church 701 East Boonslick Warrenton, MO 63383 Dist 25	ZOOM ID / Password 497 034 0183 / 856291
WEBSTER GROVES/GLENDALE MON 9:30 AM (2nd and 4th Monday) *FF/O	ZOOM & IN -PERSON	SPIRITUAL WINNERS AFG <i>Meet 2nd & 4th Monday</i>	Webster Hills UMC-Christian Life Ctr. 1333 W. Lockwood Glendale, MO 63122 Dist 15	ZOOM ID / Password 857 633 733 / doublewin Hybrid 2nd and 4th Monday Located NW corner of Lockwood & Berry

TUESDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BONNE TERRE TUES 7:00 PM FF/M/H	LIVE In-Person	OVERCOMERS AFG (Men's Meeting - 5th Tues Open to Men & Women)	Centenary United Methodist Church 20 Park Ave. Bonne Terre, MO 63628 Dist	Meeting in the Basement
BRIDGETON TUES 7:00 PM FF/H	LIVE In-Person	STEPS TO A NEW LIFE AFG	Arlington United Methodist Church 3770 McKelvey Rd Bridgeton, MO 63044 Dist 9	
BRIDGETON TUES 7:00 PM AT	LIVE In-Person ALATEEN	DREAMS TO REALITY	Arlington Methodist Church 3770 McKelvey Road, Room 105 Bridgeton, MO 63044 Dist. 9	ALATEEN
CAPE GIRARDEAU TUES 12 NOON FF/H/S&T	LIVE In-Person	RIVER CITY FREEDOM AFG	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building
DESOTO TUES 2:00 PM FF/O/H	LIVE In-Person	DESOTO SERENITY AFG	St. Rose of Lima 504 S. Third St Desoto, MO 63020 Dist 2	
EUREKA TUES 09:45 AM FF/O/H	ZOOM ONLY	F.I.S.H. FINALLY INTO SERENITY AND HOPE AFG	Evangelical UCC 2520 Poplar Street Highland IL 62249 IL Dist. 18	ZOOM ID / Password 30 590 368 / 000777
FESTUS TUES 7:00 PM FF/O/H	LIVE In-Person	SERENITY SEEKERS AFG	First United Methodist Church 113 Grand Ave. Festus, MO 63028 Dist. 2	As you pull into parking lot, facing building. Use doors on right side.
FESTUS MO TUES 7:00 PM AT	LIVE In-Person ALATEEN	LISTENING, CARING & SHARING AFG	First United Methodist Church 113 Grand Ave Festus, MO 63028 Dist. 2	ALATEEN
FLORISSANT TUES 10:00 AM FF/H	LIVE In-Person	SERENITY SEEKERS AFG	St. Mark's United Methodist Church 315 Graham Rd Florissant, MO 63031 Dist 10	
FLORISSANT TUES 7:30 PM FF/O/H	ZOOM ONLY	PATHFINDERS AFG		ZOOM ID / Password 771 110 990 / 020132
KIRKWOOD TUES 11:15 AM FF/W/H	ZOOM ONLY	WOMEN'S PATH TO RECOVERY AFG	Kirkwood United Church of Christ 1603 Dougherty Ferry Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 876 9342 1371 / 906722
KIRKWOOD TUES 7:00 PM FF/W	ZOOM & IN -PERSON	SERENITY RISING WOMEN'S AFG	Greentree Community Church 100 Kirkwood Place Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 614 331 9966 / 145326

LADUE TUES 6:30 PM FF/AC/H	LIVE In-Person	JOURNEY TO SERENITY ADULT CHILDREN AFG	Second Baptist Church 9030 Clayton Rd. Ladue, MO 63124 Dist 15	New Church Bldg - First Floor Fellowship Hall.
LEMAY TUES 6:00 PM FF/O/BkS	ZOOM & IN -PERSON	SIX O'CLOCK SERENITY AFG	South Co. Church of the Nazarene 2436 Telegraph Rd. Lemay, MO 63125 Dist 2	Meets in basement ZOOM ID / Password 829 9712 1580 / 165953 Studing "How Al-Anon Works"
MARYLAND HEIGHTS TUES 7:00 PM FF/O	LIVE In-Person	BUILDING RELATIONSHIPS AFG	The Connection Hub (The Hub) 140 Weldon Parkway Maryland Heights, MO 63043 Dist 9	Follow CDC Guidelines Families, Friends, Observers Welcomed, Couples Encouraged
OAKVILLE TUES 7:30- 8:30 PM Beginners meeting @ *8:30 after the meeting FF/O	ZOOM & IN -PERSON	ONE STEP AT A TIME AFG Beginners meeting @ *8:30 after the meeting	St. Paul United Church of Christ 5508 Telegraph Rd. Oakville, MO 63129 Dist 2	Entrance in back, north side, next to small play area: second floor ZOOM ID / Password 817 7459 9420 / 456100
ST. LOUIS CITY TUES 9:30 AM FF/NC/H	LIVE In-Person	HAMPTON AFG NEWCOMERS	Redeemer Evangelical Church 6450 S Kingshighway St. Louis, MO 63109 Dist 14	Fellowship Hall - RED Door
ST. LOUIS CITY TUES 10:00 AM FF/O*	ZOOM & IN -PERSON	HAMPTON AFG	Redeemer Evangelical Church 6450 S Kingshighway St. Louis, MO 63109 Dist 14	ZOOM ID / Password 968 010 4100 / qRRa79 Fellowship Hall - RED Door
ST. LOUIS CITY TUES 12:00 PM FF/M	LIVE In-Person	ALL MALE AFG Meets on 1st, 3rd, & 5th Tuesdays	Lindell Club 4522 Lindell Blvd. St. Louis, MO 63108 Dist 14	
ST. LOUIS CITY TUES 6:30 PM FF/O/LGBT	ZOOM & IN -PERSON	RAINBOW CONNECTION AFG--Steps	Steps Alano Club 3974 Humphrey St. Louis, MO 63116 Dist 14	ZOOM ID / Password 470 657 6490/ rainbow
ST. LOUIS CITY TUES 7:15 PM FF/O*	ZOOM ONLY	FRIENDS IN AFG		ZOOM ID / Password 810 1700 2774 /612876
SIKESTON TUES 7:00 PM FF	LIVE In-Person	SIKESTON SERENITY AFG	AA Meeting Room 153 Murray Lane Sikeston, MO 63801	On the SE corner of Stoddard & Center
TROY TUES 7:00 PM FF/H	LIVE In-Person	ATTITUDE OF GRATITUDE AFG	Zion United Church of Christ 725 Main St. Troy, MO 63379 Dist 25	Basement - Room behind the Kitchen
UNIVERSITY CITY TUES 7:00 PM FF/O/H	LIVE In-Person	BANNER GROUP AFG - LIVE	Our Lady of Lourdes 7148 Forsyth St. Louis, MO 63105 Dist 9	
UNIVERSITY CITY TUES 7:00 PM FF/O	ZOOM ONLY	BANNER Online AFG - ZOOM	Our Lady of Lourdes 7148 Forsyth Clayton, MO 63105 Dist 9	ZOOM ID / Password 878 389 6055 / 280795
WEBSTER GROVES TUES 7:00 PM FF/O/PG	ZOOM & IN -PERSON	WEBSTER GROVES PARENTS AFG	1st Cong. Church of Webster Groves 10 W. Lockwood Webster Groves 63119 Dist 15	For ZOOM information e-mail: Tuesdayparentsgroup@gmail.com
WENTZVILLE TUES 7:00 PM FF/O/H	LIVE In-Person	WENTZVILLE AFG	Faith United Church of Christ 106 Kent Drive Wentzville, MO 63386 Dist 17	Rear parking lot; church basement entrance
ZOOM ONLY TUES 7:00 PM FF/O	ZOOM ONLY	COURAGE TO FIND SERENITY AFG		ZOOM ID / Password 876 1615 6018 / 100521
ELECTRONIC TUES 8:00 PM FF/W/BkS	ELECTRONIC	RECOVERY IN RELATIONSHIPS WOMEN'S AFG		ZOOM ID / Password 481 130 259 / 639465 Bookstudy group
WEDNESDAY				
AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
ARNOLD WED 7:00 PM FF/O/H	LIVE In-Person	LEARN N' LOVE AFG	New Hope United Methodist Church 3921 Jeffco Blvd. Arnold, MO 63010 Dist 2	Hwy 61 & Hwy 67 Front entrance. Main level
BALLWIN WED 6:45 PM FF/O	LIVE In-Person	PROGRESS IN RECOVERY AFG	West County Club 16296 Westwood Business Park Ellisville MO 63021 Dist 13	TEENS Welcomed enter in the rear, down a small hill in the parking lot
CAPE GIRARDEAU WED 5:30 PM FF/H/D	LIVE In-Person	RIVER CITY FREEDOM AFG	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building

CREVE COEUR WED 10:00 AM FF/H	LIVE In-Person	CREVE COEUR AFG Steps	Holy Cross Lutheran Church 13014 Olive Blvd Creve Coeur, MO 63141 Dist 13	
HOUSE SPRINGS WEDS 6:30 PM FF/O	LIVE In-Person	WEDNESDAY'S SERENITY AFG	Our Lady Queen of Peace 4696 Notre Dame Ln House Springs, MO 63051 Dist 2	Building C2 next to playground
KIRKWOOD WED 5:30 PM FF/W/S/H	LIVE In-Person	WOMEN'S SERENITY EXPRESS AFG Steps	Kirkwood United Methodist Church 201 West Adams and Clay Kirkwood, MO 63122 Dist 15	
KIRKWOOD WED 6:30 PM FF/O/H	ZOOM & IN -PERSON	EVERY DAY GRACE AFG Steps	Kirkwood United Church of Christ 1603 Dougherty Ferry Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 861 5835 4889/ 544 604 ID/Password: 11/1/23-11/2/24
KIRKWOOD WED 7:00 PM FF/O/H	ZOOM & IN -PERSON	HOPE & FELLOWSHIP AFG	PNC Bank Building 333 S. Kirkwood; Suite 305 Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 878 2034 8989 / 849756
LADUE WED 6:00 PM FF/O/H	ZOOM ONLY	FREE AT LAST AFG Steps	Ladue Chapel 9450 Clayton Rd. Ladue, MO 63124 Dist 15	ZOOM ID / Password 877 771 118/ 037095
MANCHESTER WED 7:00 PM FF/O/H	LIVE In-Person	EVER THANKFUL AFG	Community Christian Church 623 Meramec Station Rd. Manchester, MO 63021 Dist 13	Meeting in Basement
MEHLVILLE WED 10:00 AM FF/O	PHONE & IN -PERSON	CARE & SHARE AFG	St. John's Evangelical UCC 11333 St. Johns Church Rd. Mehlville, MO 63123 Dist 2 (At Lindbergh and I-55)	DIAL IN: (605) 468-8012 Password 462776# Door Code: 41011
O'FALLON WED 7:00 PM FF/H	LIVE In-Person	REACHING FOR PERSONAL FREEDOM AFG	Middendorf-Kredell Library Meeting Room C 2750 Hwy K O'Fallon, MO 63368 Dist 17	Study of P-92 "Reaching for Personal Freedom: Living the Legacies"
ST. CHARLES WED 7:00 pm FF/O/H	LIVE In-Person	SOLUTIONS OF HARVESTER AFG	Zion Lutheran Church 3866 Harvester Road St. Charles, MO 63304 Dist 17	Use lower level entry of church
TROY WED 10:30 AM FF/O/H	ZOOM ONLY	WEDNESDAY TRANQUILITY AFG	Dist 25	ZOOM ID / Password 497 034 0183 / 856291
WASHINGTON WED 6:00 PM FF/H	LIVE In-Person	JUST FOR TODAY AFG	New Washington Presbyterian Church 4834 S. Point Road Washington, MO 63090 Dist 28	Follow Health & Safety Guideline
WASHINGTON WED 7:30 PM FF/M/H	LIVE In-Person	WASHINGTON MEN'S AFG	St. Francis Borgia Middle School Bldg. 225 Cedar St. Washington, MO 63090 Dist 28	
WEBSTER GROVES WED 9:30 AM FF/O/H	ZOOM & IN - PERSON Al-Anon 2nd & 4th Wed only	WEDNESDAY WINNERS Al- Anon 2nd and 4th Wed only	Webster Hills UMC: Christian Life Cnt. 1333 W. Lockwood Ave. St. Louis, MO 63122 Dist 15	ZOOM ID / Password 857 633 733 / doublewin NW corner of Lockwood & Berry
WEBSTER GROVES WED 6:00 PM FF/M	ZOOM & IN -PERSON	Webster Groves Men's AFG (Men Only)	Webster Hills UMC: Christian Life Cnt. 1333 W. Lockwood Ave. St. Louis, MO 63122 Dist 16	ZOOM ID / Password 834-7347-5931 / smart NW corner of Lockwood & Berry
WEBSTER GROVES WED 6:30 PM FF/O/AC/H	LIVE In-Person	WEDNESDAY'S CHILD, ADULT CHILDREN AFG Steps	Webster Groves Church of Nazarene 145 East Old Watson Webster Groves, MO 63119 Dist 15	Lower Level-fellowship Hall Enter through front doors Handicap entrance lower parking

THURSDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
CAPE GIRARDEAU THUR 12:00 NOON FF/H/D	LIVE In-Person	RIVER CITY FREEDOM AFG	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building
CHESTERFIELD THUR 11:30 AM Monthly - 4th Thurs. Newcomers	LIVE In-Person	ALA-NOONERS AFG Newcomers Newcomers Meeting on 4th Thurs of the Month	Chesterfield Comm. Church 14647 Ladue Rd. Chesterfield, MO 63017 Dist 13	Meets downstairs through back entrance
CHESTERFIELD THUR 12:00 PM FF/H	ZOOM & IN -PERSON	ALA-NOONERS AFG	Chesterfield Comm. Church 14647 Ladue Rd. Chesterfield, MO 63017 Dist 13	Enter in back - downstairs Email for ZOOM Login Infor.: Alanon507@gmail.com
CHESTERFIELD THUR 7:00 PM FF/M/H	ZOOM & IN -PERSON	MALE STUMBLING BLOCKS AFG	King of Kings Church 13765 Olive Blvd. Chesterfield, MO 63017 Dist. 13	ZOOM ID / Password 827 0652 1825 / 009591 In-Person - meet in Youth Room

CREVE COEUR THUR 9:00 AM FF/H	ZOOM ONLY	SPIRITUAL AWAKENING AFG	Dist 13	ZOOM ID / Password 837 9045 5424 / spirit
CREVE COEUR THUR 7:00 PM FF/W/H	ZOOM & IN -PERSON	WOMEN'S STRENGTH IN UNITY AFG	Holy Cross Lutheran Church 13014 Olive Blvd. Creve Coeur, MO 63141 Dist 13	Park in upper lot on N. side building. (Olvie Blvd side). wsiugr@gmail.com for Login Info.
DARDENNE PRAIRIE THUR 7:00 PM FF/H	LIVE In-Person	HOPE FOR TODAY AFG	Dardenne Presbyterian Church 7400 Hwy N (South outer Rd) Dardenne Prairie, MO 63368 Dist 17	Room B11. Use church main entrance (under the overhang)
FARMINGTON THUR 7:00 PM FF/O/H	LIVE In-Person	THURSDAY NIGHT AFG	Farmington Library 101 N. 8th St. Farmington, MO 63640 Dist 22	NO MEETINGS ON FEDERAL HOLIDAYS. (Library is closed)
GLENDALE THUR 10:00 AM FF/S/H	ZOOM ONLY	GLENDALE THURSDAY MORNING AFG	Glendale Presbyterian Church 500 N. Sappington R Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 822 820 275/ 118004
KIRKWOOD THUR 11:15 AM 2nd & 4th Thur ONLY FF/O*	LIVE In-Person	HEALING STEPS AFG *AI Anon 2nd & 4th Thur.	Kirkwood United Church of Christ 1603 Dougherty Ferry Kirkwood, MO 63122 Dist 15	* AI Anon 2nd and 4th Thur. only
KIRKWOOD THUR 7:00 PM FF/M/H	LIVE In-Person	OUR GANG MEN'S AFG	Concordia Lutheran Church 505 S. Kirkwood Kirkwood, MO 63122 Dist 15	
KIRKWOOD THUR 7:00 PM FF/H	LIVE In-Person	JUST FOR TODAY AFG	Kirkwood United Methodist Church 201 W. Adams Ave Room 110 Kirkwood, MO 63122 Dist 15	New Location Effective 3/28/24
MARYLAND HEIGHTS THUR 7:00 PM FF/O*/H	ZOOM ONLY	COURAGE TO CHANGE AFG	Holy Spirit Church Annex 3111 Parkwood Ln. Maryland Heights, MO 63043 Dist 9	ZOOM ID / Password 895 2385 7612 / 584896
MEHLVILLE THUR 10:15-11:30 AM FF/O	LIVE In-Person	LEARNING TO LIVE AFG	St. John's Evangelical UCC 11333 St. John's Church Rd. Mehlville, MO 63123 Dist 2	Door Code: 51411
MEHLVILLE THUR 7:00 PM FF/O/PG/H	LIVE In-Person	PARENTS PATHS TO RECOVERY AFG	St. Luke's Methodist Church 2761 Telegraph Rd St. Louis, MO 63125 Dist 2	Fellowship Hall
O'FALLON THUR 6:00 PM	LIVE In-Person	ONE PURPOSE	212 Club 204 W. Pittman O'Fallon, MO 63366 Dist 17	
ST. CHARLES THUR 7:00 PM FF/H	LIVE In-Person	CLIMBING HIGHER AFG LITERATURE MEETING	Trinity Episcopal Church 318 S. Duchesne Dr. St. Charles, MO 63301 Dist 17	Meeting Room Upstairs
ST. LOUIS CITY THUR 12:00 PM FF/H	LIVE In-Person	GRACE IN AFG	Grace United Methodist Church 6199 Waterman St. St. Louis, MO 63112 Dist 14	
ST. PETERS THUR 10:30-11:30 AM FF/H	LIVE In-Person	MORNING SERENITY AFG	Chapel of the Cross 907 Jungermann St. Peters, MO 63376 Dist 17	Rear Door. Lower Level. Bring own books / drinks.
SULLIVAN THUR 6:30 PM FF	LIVE In-Person	Sullivan AFG	St. Matthew Luthern Church 528 Church St. Sullivian, MO 63080 Dist 28	Meeting is through double doors, in the back of the church
WASHINGTON THUR 7:00 PM FF/H	LIVE In-Person	NEW BEGINNINGS AFG	St. Francis Borgia Middle School Bldg. 225 Cedar St. Washington, MO 63090 Dist 28	
ZOOM ONLY THUR 7:00 PM FF/O	ZOOM ONLY	COLLECTIVE WISDOM AFG		ZOOM ID / Password 821 3834 4017 / 029926
FRIDAY				
AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BALLWIN FRI 9:30 AM FF/H	ZOOM & IN -PERSON	CHOICES & CHANGE AFG	St. Mark's United Presbyterian Church 601 Claymont Drive Ballwin, MO 63011 Dist 13	ZOOM ID / Password 878 0770 0425 / STMARK
BALLWIN FRI 10:00 AM FF/O/H	ZOOM & IN -PERSON	(FROG) FULLY RELYING ON GOD IN RECOVERY AFG	ST. Martin's Episcopical Church 15764 Clayton Road Ballwin, MO 63011 Dist 13	ZOOM ID / Password Contact: frog.in.recovery@gmail.com
CLAYTON FRI 5:30 PM FF/O/W	LIVE In-Person	WOMEN AFG	Samuel United Church of Christ 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	2nd and 4th Fridays: Intro or beginners group

CAPE GIRARDEAU FRI 7:00 PM FF/H/BksD	LIVE In-Person	RIVER CITY FREEDOM AFG	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building Book Study-How Al-Anon Works
FLORISSANT FRI 10:00 AM FF/H	LIVE In-Person	LIVING HOPE AFG	St. Mark's United Methodist Church 315 Graham Road Florissant, MO 63031 Dist 10	
KIRKWOOD FRI 9:30- 10:45 AM FF/W/H	ZOOM & IN -PERSON	WYMYN IN RECOVERY AFG Steps/Book Study	Greentree Community Church 100 Kirkwood Pl. Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 950 5856 2222 / 291700 <i>Park in back-lower lot parallel to Taylor Rd. Enter back door</i>
KIRKWOOD FRI 6:30 PM FF/O	ZOOM ONLY	FRIDAY NIGHT FELLOWSHIP AFG		ZOOM ID / Password 751 640 915 / 636107
MEHLVILLE FRI 7:00 PM FF/O/NC/S/H	LIVE In-Person	HY- HOPES AFG	St. John's Evangelical UCC 11333 St. Johns Church Rd. Mehlville, MO 63123 Dist 2	St. John's Church Road - Behind Denny's. Enter on left side of church doors
OVERLAND FRI 10:00 AM FF/O/NC	ZOOM ONLY	FREEDOM AFG	New Horizons Presbyterian Church 9424 Everman Overland, MO 63114 Dist 9	ZOOM ID / Password 905 500 9221 / 597494
PARK HILLS FRI 12:00 NOON	LIVE In-Person	AL-ANON @ NOON	Trinity Lutheran Church 307 Taylor Ave Park Hills, MO 63601 Dist 22	
ST. CHARLES FRI 7:15 PM FF/O/H	LIVE In-Person	GROWING IN GRATITUDE AFG	212 Club 204 W Pitman St # G, O'Fallon, MO 63366 Dist 17	
ST. LOUIS CITY FRI 10:00 AM FF/S/H	ZOOM & IN - PERSON	STEPPING OUT AFG	Epiphany Lutheran Church 4045 Holly Hills at Leona St. Louis, MO 63116 Dist 14	ZOOM ID / Password Reads "Path to Recovery" 898 3068 2945 / 12065
ST. LOUIS CITY FRI 12:00 PM FF*/M/SP	ZOOM & IN -PERSON	ALL MALE (FEELINGS) AFG Meets on 2nd &	Lindell Club 4522 Lindell Blvd. St. Louis, MO 63108 Dist 14	Zoom information was not provided.
ST. LOUIS CITY FRI 6:00 PM FF/O	LIVE In-Person	AVOIDANCE AFG	Steps Alano Club 3974 Humphrey, 2nd Floor, Rm #3 St. Louis, MO 63116 Dist 14	
TROY FRI 8:00 PM FF/H	LIVE In-Person	ATTITUDE OF GRATITUDE AFG	Zion United Church of Christ 725 Main St. Troy, MO 63379 Dist 25	Basement - Room behind the Kitchen
WEBSTER GROVES FRI 7:30 PM FF/O/BBS/H	ZOOM & IN -PERSON	GRATEFUL EVERY DAY AFG	Webster Groves Christian Church 1320 W. Lockwood Webster Groves, MO 63122 Dist 15	Meets in Library ZOOM ID / Password 867 5182 1015 / 005218

SATURDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BALLWIN SAT 9:30 AM FF/O/H	LIVE In-Person	SOLUTION FINDERS ADULT CHILDREN AFG	Community Christian Church (basement) 623 Meramec Station Rd Ballwin, MO 63021 Dist 13	75 min. meeting
CHESTERFIELD SAT 9:00 AM FF/O/AC/H	LIVE In-Person	BACKDOOR AFG	Trinity Lutheran Church 14088 Clayton Road Chesterfield, MO 63017 Dist 13	Preteens and Teens Welcomed!
FENTON SAT 5:00 PM FF/O/H	ZOOM ONLY	RECOVERY IN RELATIONSHIPS AFG		ZOOM ID / Password 481 130 259 / 639465
KIRKWOOD SAT 8:00 AM FF/O/AC	ZOOM ONLY	SOLUTIONS ADULT CHILDREN AFG		ZOOM ID / Password 984 514 0022/No Password Needed
ST. LOUIS CITY SAT 10:30 AM FF/W/AC/H	LIVE In-Person	WOMEN IN RECOVERY ADULT CHILDREN AFG	Gethsemane Lutheran Church 3600 Hampton & Pernod St. Louis, MO 63109 Dist 14	
ST. PETERS SAT 11:00 AM FF/H	LIVE In-Person	BLUEPRINT FOR PROGRESS AFG 4th Step Study	Gateway Church 250 Salt Lick Rd. St. Peters, MO 63376 Dist 17	Enter Middle door; Rt, last room on Rt.
WEBSTER GROVES SAT 8:00 AM FF/AC/H	ZOOM & IN -PERSON <small>In case of inclement weather, group meets on zoom</small>	FOCUS ON SOLUTIONS ADULT CHILDREN AFG	Webster Groves Church of the Nazarene 145 E. Old Watson Rd Webster Groves, MO 63119 Dist 15	ZOOM ID / Password 445 292 1149 / Serenity Email FOS.am.sat@gmail.com for Questions In case of inclement weather, group meets on zoom
WEBSTER GROVES SAT 4:00 PM FF/O	ZOOM ONLY	SANCTUARY AFG		ZOOM ID / Password 868 6020 2026 / sanctuary

SOUTHERN IL AL-ANON MEETINGS

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
SUNDAY				
O'FALLON SUN 10:30 am FF/O/H/BKS	ZOOM & IN- PERSON	PPROGRESS NOT PERFECTION AFG	St. Elizabeth's Hospital 1 St. Elizabeth Blvd. O'Fallon, IL 62269 IL Dist. 14	For information contact: Rian_B_618-920-1742 Book Study
STAUNTON SUN 7:00-8:00 pm FF	ZOOM & IN- PERSON	FREE SPIRITS AFG	St. Paul United Church of Christ 225 S. Laurel St Staunton IL 62088 IL Dist. 18	Corner of Laurel and Mill ZOOM ID / Password 849 0994 3850 / 468151
ZOOM MEETING SUN 5:30 pm	ZOOM ONLY	THERE IS ALWAYS A PLAN "B" AFG	IL Dist. 18	ZOOM ID / Password 832 6204 0249 / 751552
ZOOM MEETING SUN 8:15 pm BS	ZOOM ONLY	Sunday Night Service Book Study AFG	IL Dist. 18	ZOOM ID / Password 264 712 6500 / 2020 BS: "12th Step Service Book"
MONDAY				
ALTON MON 7:30-8:45 pm FF/H	LIVE In-Person	MONDAY NIGHT E. 12TH STREET AFG	The Bridge Church 504 E 12th St. Alton IL 62002 IL Dist. 18	Classrooms 2-3 Door locked at 7:45
BELLEVILLE MON 7 pm FF/O*	LIVE In-Person	DISCOVERING FREEDOM AFG	St. Matthew United Methodist 1200 Moreland Dr. Belleville IL 62223 IL Dist. 14	Enter thru Door #4 - West side of Blding.
EDWARDSVILLE MON 6:30-7:30 pm FF/H	LIVE In-Person	Monday Night Serenity AFG	First Baptist Church 534 St. Louis Street Edwardsville IL 62025 IL Dist. 18	Side Entrance: Conf. Room 1, (1st door on rt) Open Speaker Meeting 5th Mon. of the month
GRANITE CITY MON 9:30 - 11:00 am FF/H	LIVE In-Person	OPEN DOOR AFG	St. John UCC 2901 Nameoki Rd. Granit City, IL 62040 IL Dist. 18	Enter via ramp to basement, handicap accessible
TUESDAY				
JERSEYVILLE TUE 6:00 PM FF/O	LIVE In-Person	TUESDAY NIGHT JERSEYVILLE AFG	JCH Annex Building 9 220 E. County Rd Jerseyville, IL 62052 IL Dist. 18	E Entrance, Behind Nsg Home
MT OLIVE TUE 6:30-7:30 PM FF/H	LIVE In-Person	THE LAST RESORT AFG	Zion Lutheran Church 500 S. Old Route 66 Mt. Olive IL IL DIST 18	
NEW ATHENS TUE 7 pm FF/BKS	LIVE-IN PERSON	NEW ATHENS AFG	St Paul's Lutheran Church 900 Belsha St (at Church St) New Athens IL 62264 IL DIST 14	For infor contact: (618) 713-2250 2nd Tuesday is Al-Anon/AA potluck with speakers at 8 pm
WEDNESDAY				
ALTON WED 7- 8:15 pm FF/BKS	LIVE In-Person	SUNSHINE AFG	Upper Alton Baptist Church 2726 College Ave. Alton IL 62002 IL Dist 18	Gym, Lower Level
BETHALTO WED 9:15-11 am FF/BBS	LIVE In-Person	WEDNESDAY MORNING AFG	Call for Location: 618-656-1635 IL Dist. 18	
BELLEVILLE WED 12 noon FF/O*	ZOOM ONLY	ALA-KNOW AFG	120 N. 3rd Street 623 Club Belleville, IL 62220 IL Dist. 14	For Information contact: JLH52@sbcglobal.net
EDWARDSVILLE WED 9:15-11 am FF/H/BBS	LIVE In-Person	HOPE FOR TODAY AFG	Leclaire Christian Church 1914 Esic Drive Edwardsville, IL 62025 IL Dist. 18	Enter through last set of doors
EDWARDSVILLE WED 7:30 pm FF/O/H/BKS	ZOOM & In-Person	FUNDAMENTALS OF RECOVERY AFG	St. John's United Methodist Church 7372 Marine Rd. (Rt 143) Edwardsville, IL 62025 IL Dist. 18	ZOOM ID / Password 264 712 6500 / 2020 Front Doors (Across from Moose Lodge) Read "How Al-Anon Works"
GRANITE CITY WED 7-8:30 PM FF/H	LIVE In-Person	HOPEFUL SERENITY SEEKERS ADULT CHILDREN AFG	Holy Family Community Center 2606 Washington Ave. Granite City, IL 62040 IL Dist. 18	In the Basement
O'FALLON WED 7:30 pm FF/O/H	ZOOM ONLY	BEGINNERS AFG	O'Fallon Trailer 108 Carbon Hill Rd. 62269 IL Dist. 14	For information contact: winterjc@charter.net 618-484-7378

THURSDAY

ALTON THUR 10:00-11:15 am Introductory Meeting	LIVE In-Person	HOW AL-ANON WORKS INTRODUCTORY MEETING	OSF St. Anthony's Health Center 1 Saint Anthony's Way 3rd Floor Alton, IL 62002 INTRODUCTORY MEETING	3 West Training Room: Main Entrance, Elevator #3, to Third Floor. Through Psychological Services Center Floors. Room end of hall on rt. Free Parking in Hospital Lot; Valet Parking available
BELLEVILLE THUR 7 pm FF/O*	LIVE In-Person	POWERLESS RANGERS	Union United Methodist Church 721 East Main St. Belleville, IL 62220 IL Dist. 14	KRAUSE ROOM - enter 1st room on the outside of the building
GLEN CARBON THUR 7 pm FF/H Open Speaker Meeting 5th Thur. of each mo.	ZOOM & IN -PERSON	THURSDAY NIGHT AFG	New Bethel United Methodist Church Front Door- D/STARS 131 N. Main St. Glen Carbon IL 62034 IL Dist. 18	ZOOM ID / Password 853 8830 9905 / 708429 Frt. Door - D/STARS (steps or ELEV) Speaker Meeting - Open Speaker Meeting 5th Thur. of each month

FRIDAY

BELLEVILLE FRI 8 pm FF	LIVE In-Person	T.G.I.F AFG	623 Alano Club 120 North Third St. Belleville, IL 62220 IL Dist. 14	
HIGHLAND FRI 8 pm FF	LIVE In-Person	HIGHLAND FRIDAY NIGHT AFG	Evangelical UCC 2520 Poplar Street Highland IL 62249 IL Dist. 18	Meeting in rear, room 58 Open Speaker Meeting every 3rd Friday
O'FALLON FRI 5:30 pm FF	LIVE In-Person	COURAGE TO CHANGE AFG	Karla Smith Behavioral Health 200 North Lincoln O'Fallon, IL 62269 IL Dist.14	Park North side of bldg; enter front door; upstairs
O'FALLON FRI 6:30 pm FF	ZOOM ONLY	SERENITY SEEKERS AFG	O'Fallon, IL 62269 IL Dist.14	For information contact: Marge.Evans@me.com
PICKNEYVILLE FRI 8 pm FF	LIVE In-Person	KEEP COMNG BACK	605 South Douglas Pickneyville IL 62274 IL Dist. 14	For info contact: 618-571-1772
PICKNEYVILLE IL FRI 8:00 PM AT	LIVE In-Person ALATEEN	THE HIGHER POWER'S TEAM AFG	605 S. Douglas Pickneyville, IL 62274 IL Dist. 14	ALATEEN

SATURDAY

BELLEVILLE SAT 9:00 AM FF	ZOOM & IN -PERSON	SATURDAY SURRENDER AFG	St. Matthew United Methodist 1200 Moreland Dr. Belleville IL 62223 IL Dist. 14	Enter Door #4, west side of bldg ZOOM ID / Password 821 9632 4734 / Saturday
TROY SAT 8 am FF/H (Thru upper level)	LIVE In-Person	TROY JOY AFG	Troy United Methodist Church 407 Edwardsville Rd / Route 162 Troy, IL 62294 IL Dist. 18	Use double brown doors at side of the church. Lower Level OPEN Al-Anon/AA family Meeting 1st Sat. of each month