

PO Minutes for ZOOM Meeting of July 1, 2024 @ 5pm

Attendees: Joy, Jan S, Nell, Patti S, Margaret, Gene, Sue B. Patti, and Cathy W. (note: Cathy left early.)

Opening: The meeting opened with the Serenity prayer led by Joy.

Minutes: Cathy submitted the minutes from the June meeting prior to the meeting; no changes.

Treatment Centers and Event Happenings

Joy

- Reports Franklin County has been busy. Joy attended an Immersion Scholar Fair in Franklin County with her District PO person. The 20 scholars were from several universities; all had varied medical type backgrounds. The purpose of the gathering was to observe/see the benefits and challenges of working in a rural environment. There was a panel discussion on one of the days and also a presentation by the scholar students to share what they learned from the Fair. The scholars received info from the 3 resources agencies who were present and.....Al-Anon was one of them! Feedback from attendees was very good.
- Area wide PO ZOOM meeting: This meeting went well even tho there were ZOOM technical difficulties associated with the bad weather. Joy was able to share on the works of the PO committee. Joy continues to attend the monthly Agency resource meetings.
- Day in Service went well; attendees were also able to share their own service ideas. Nell reports she enjoyed the day and was glad to meet others and have a fun time.

Margaret

- Attended an outreach event in Creve Coeur sponsored by the Kaufman Fund which primarily networks with veterans.
- A Mental Health Awareness Expo at Mid-Rivers Mall is scheduled for July 26/27; she would like more help with this as it is a 10 hour/day event. Her District voted to pay the entrance fee.
- A Veterans Resource and Job Fair will be in Florissant (D9) on August 14 beginning at 10am. Margaret is looking for help with this fair as there is no PO contact person in this District; Theresa DR9 is aware and has sent info to members for assistance.
- Veterans Mental Health Conference at Carpenter's Hall on 9/11/24 in D14. Margaret contacted Marge O'G; D14 will be taking this on.
- Wentzille School District is having a Back-to-School event at Liberty High School in Lake St. Louis. Margaret has completed the registration for this. She will be using Alateen literature.
- Was unable to attend the St. Charles "Coffee with A Cop" event but has literature to deliver to the police office site.
- There is a Health fair sponsored by Bosch and Lomb later this year; waiting to get info on this after her initial contact.
- Margaret reports she keeps "tossing the starfish" to get Al-Anon info out! As members, we don't always know who will catch the starfish but we keep trying!

Sue B:

- Continues to assist with the yearly Sobriety Walk sponsored by Faith Church in South County for August; Al-Anon will be participating once again. The planning meeting for this event went well. The committee is hoping for more outside participation other than its church members.
- The District is looking into plans/ideas for outreaching to the local veterans such as JB and the VA healthcare system.
- Sue is available to help with other events; please contact her if needed.

Budget

- PO has a \$1000 budget and balance is \$943.82 through the end of May 2024. Total expenditures for the month of May were: \$19.95.

Board Liaison/Digital Technology (Gene)

- Gene reports he continues to share PO info/updates at the Board meetings. The Board is aware of Cathy stepping down from the Chairperson position at the end of July.
- Gene discussed with the Board about sharing Al-Anon literature piece G1 to new speaker volunteers. The AIS office does share this document and plans to reemphasize it for the future.

AIS information Outreach:

- The office sent out 21 Newcomer Packets via email. Expenses for literature were \$8.25 with postage of \$5.49 for literature.

Old Business

- Cathy reports new Alateen posters have been delivered to the AIS Office and an email was sent to the DR's informing them of this. There is no cost for the posters at this time. Three different styles of the Alateen posters are available for any member. Total cost was \$52.05 for 75 color posters.

New business:

- Nell presented her District PO report (was attached to previous June minutes) to her District groups and each group plans to address the issues in their particular area.
 - There has been discussion on starting new meetings in Lincoln County but at this time, the District is hesitant to start a new meeting especially if there would not be adequate follow up. Some groups in the District have low attendance and starting a new meeting may not be feasible. This is still under consideration.
 - Nell will check with Linda re: posters that were mailed to Linda.
- The PO group will continue to look for a replacement for Cathy. All PO calls will be handled through the office and requests will be shared with the appropriate group. Joy recommends PO members continue to ask others to attend our meetings, and if for no other reason, they will obtain general PO information for themselves.

Upcoming Outreach Events: see above

Closing: Serentiy Prayer led by Nell.

- Next Meeting: September 5, 2024. No meeting in August as the committee usually takes a month off during the summer.