Al-Anon Family Groups of Greater St. Louis, Inc

For Corrections Please Contact AIS office 314-645-1572

Meetings sorted by Day - City - Time

Southern Illinois Meetings at the end

11/4/2026

NOTE: To access Zoom meetings audio only by phone call (312) 626-6799

The Call-In number , Meeting ID and Passcode can also be used to connect to the Zoom meetings by phone (old fashioned teleconference).

Tips for phone participants: Use *6 to toggle mute/ unmute and *9 to raise your hand.

St. Louis Metro Area Meetings:

Visit www.stl-al-anon.org or phone (314) 645-1572 for the most current meeting schedule **Southern Illinois Area Meetings (IL meetings listed separately at the end of the list)**

Visit www.siafg.org or phone (618)463-2429 for District 18 (Northern Metro East); or phone (618)398-9470 for District 14 (Southern Illinois)

Out of Town Meetings:

Visit http://al-anon.org/find-a-meeting or phone Al-Anon World Service Office at (800) 344-2666 (before 3:00 p.m. local time).

To Those Who Are New to Al-Anon:

You are welcomed at any Al-Anon meeting! When Al-Anon Family Groups of Greater St. Louis lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon's Twelve Traditions and keep the door open to any Al-Anon member. Listing in this Directory does not constitute approval or disapproval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another meeting.

Types of Meetings:

FF-Family and Friends (and Newcomers) Only; **O**-Observers Welcome; **AC**-Adult children of an alcoholic; **AT**-Alateen—In order to protect Alateen children and teens, NO adults, other than certified Adult Members in Alateen Service(AMIAS) may attend an Alateen meeting; ; **LGBT**-Lesbian, Gay, Bisexual & Transgender; **M**-Men only; **NC**-Newcomer; **W**-Women only; **PG**-Parents Group; **BBS**-Babysitting; **H**-Handicap accessible.

Meeting Focus: **BkS**-Book study; **D**-Discussion; **Sp**-Speaker; **S**-Steps; **S&T**-Steps and Traditions

SHADED CELLS FOR ADDRESS/DISTRICT INDICATE NO LIVE MEETING; ZOOM ONLY

Al-Anon Participants will comply with mask requirements as determined by the facility &/or Group

ALATEEN MEETINGS

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
ARNOLD MO WED 7:00 PM AT/H	LIVE In Person	COURAGE TO GROW ALATEEN	New Hope United Methodist Church 3921 Jeffco Blvd. Arnold, MO 63010 Dist. 2	Ages 13-19 For more info, email couragetogrowalateen@gmail.com
BELLEVILLE IL THUR 7:00 PM AT	LIVE In-Person	SAFE ZONE BELLEVILLE ALATEEN	721 East Main Belleville, IL 62220	Ages 12-19 Use front door - small chapel
BRIDGETON TUES 7:00 PM AT	LIVE In-Person	DREAMS TO REALITY ALATEEN	Arlington United Methodist Church 3770 McKelvey Road, Room 105 Bridgeton, MO 63044 Dist. 9	Ages 12-20 Side Entrance. Room 309
DARDENNE PRAIRIE THUR 7:00 PM AT	LIVE In-Person	TRUE PATH TO FREEDOM ALATEEN	Dardenne Presbyterian Church 7400 S. Outer Road 364 Dardenne Prairie, MO 63368 Dist. 17	Ages 13-18
FESTUS MO TUES 7:00 PM AT	LIVE In-Person	LISTENING, CARING and SHARING ALATEEN	First United Methodist Church 113 Grand Ave Festus, MO 63028 Dist. 2	Ages 13-18 As you pull into parking lot, facing building. Use doors on rt.
KIRKWOOD MO SUN 6:30 PM AT	LIVE In-Person	DREAMS BECOME REALITY ALATEEN	Kirkwood United Methodist Church 201 W Adams Ave. Kirkwood, MO 63122 Dist 15	Ages 12-20 Park West Side of Church. Enter at northwest entrance with awning through double glass doors with sign. Go down steps to room 115.
MARYLAND HEIGHTS SUN 7:00 PM (2nd and 4th Sunday) AT/H	LIVE In-Person	HOW Honest Open Willing ALATEEN	Holy Spirit Annex Center 3111 Parkwood Lane Maryland Heights, MO 63043 Dist. 9	Ages 13-19 Meets 2nd and 4th Sundays only
SULLIVAN THUR 6:30 PM AT	LIVE In-Person	SULLIVAN ALATEEN	St. Matthew Lutheran Church 528 North Central Street Sullivan, MO 63080 Dist 28	Ages 10-18

AL-ANON MEETINGS-ST. LOUIS METRO AREA

SHADED CELLS FOR ADDRESS / DISTRICT INDICATE NO LIVE MEETING; ZOOM ONLY

CAPE GIRARDEAU 7 DAYS/WK 7:45 AM FF	PHONE- "Morning Meditations"	Midwest Morning MeditationAFG		(862) 799-9935

SUNDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
EUREKA SUN 5:45 PM FF/H	LIVE In-Person	EUREKA SUNDAY SANCTUARY AFG	*IGNITE CHURCH* *1729 W. 5th St.* Eureka, MO 63025 Dist. 13	Enter off parking lot on the right hand side of the building, first door
IMPERIAL SUN 6:00 PM FF/O/H	LIVE In-Person	JOE'S PLACE AFG	St. Joseph's Catholic Church 6020 Old Antonia Road Imperial, MO 63052 Dist 2	meets in Corpus Christi Center on east side of campus *Observers 2nd & 4th only Al-Anon
KIRKWOOD SUN 6:30 PM FF/O/H	LIVE In-Person	SUNDAY SERENITY AFG	Kirkwood United Methodist Church 201 West Adams Road Kirkwood, MO 63122 Dist 15	Park West Side of church. Enter at northwest entrance with awning through double glass doors with sign. Go down steps to room 107.
KIRKWOOD MO SUN 6:30 PM AT	LIVE In-Person	DREAMS BECOME REALITY ALATEEN	Kirkwood United Methodist Church 201 W Adams Ave. Kirkwood, MO 63122 Dist 15	Ages 12-20 Park West Side of Church. Enter at northwest entrance with awning through double glass doors with sign. Go down steps to room 115.
MARYLAND HEIGHTS SUN 7:00 PM FF/PG/H	ZOOM & IN-PERSON	NORTH COUNTY PARENTS AFG	Holy Spirit Annex 3111 Parkwood Ln. Maryland Heights, MO 63043 Dist 9	ZOOM ID / Password 838 4857 1951 / 462279 Enter N. side of building; double doors marked with "8"; turn rt.
MARYLAND HEIGHTS SUN 7:00 PM (2nd and 4th Sunday) AT/H	LIVE In-Person	HOW Honest Open Willing ALATEEN	Holy Spirit Annex Center 3111 Parkwood Lane Maryland Heights, MO 63043 Dist. 9	Ages 13-19 Meets on the 2nd and 4th Sunday of the month only
MEHLVILLE SUN 6:00 - 7:30 PM FF/O	LIVE In-Person	SUNDAY NIGHT 11TH STEPPERS AFG	St. John's Evangelical UCC 11333 St. John's Church Rd (Behind Denny's) Mehlville, MO 63123 Dist 2	
RICHMOND HEIGHTS SUN 9:00 - 10:00 AM FF/O/H	ZOOM ONLY	FRESH START AFG	Dist 14	ZOOM ID / Password 864 0245 4307 / 445220
SAPPINGTON SUN 8:00 PM FF/NC/H	ZOOM & IN-PERSON	HELPING HANDS AFG	First Unity Church 4753 Butler Hill Rd. St. Louis, MO 63128 Dist 2	ZOOM ID / Password 880 562 790 / 004963 East Entrance
ST. CLAIR SUN 6:00 PM FF/O/H	LIVE In-Person	WALK WITH LOIS AFG	Parkway Nazarene Church 1190 Virginia Mines Rd. St. Clair, MO 63077 Dist 28	Back Door
ST. PETERS SUN 6:30 PM FF/O	LIVE In-Person	A VERY SPECIAL WAY AFG	Chapel of the Cross Lutheran Church 907 Jungerman Rd St. Peters, MO 63376 Dist 17	
ZOOM ONLY SUN 9 AM FF/W/BkS	ZOOM ONLY	SERENITY SISTERS AFG Women Only		ZOOM ID / Password 935 670 5424 / Serenity Read 12 & 12
ZOOM ONLY SUN 9 AM FF/O	ZOOM ONLY	STAY IN THE MOMENT AFG	Dist. 14	ZOOM ID / Password 208 147 7373 / snowman

MONDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BALLWIN MON 7:00 PM FF/M	ZOOM & IN-PERSON	MEN'S PATH TO SERENITY	St. Mark Presbyterian Church 601 Claymont Dr. Ballwin, MO 63011 Dist 13	ZOOM ID / Password 399 604 390 / 360530 Lg Rm Downstairs.
CLAYTON MON 2:00 PM FF/H	LIVE In-Person	WONDERFUL POSSIBILITIES AFG	Samuel United Church of Christ 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	Handicap accessible- entry off the parking lot
CLAYTON MON 6:30 PM FF/O/BkS/H	ZOOM & IN -PERSON	EASY DOES IT AFG	Samuel United Church of Christ 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	ZOOM ID / Password 816 821 7594 / 7594 Book Study
CRESTWOOD MON 1:00 PM FF/H	LIVE In-Person	LIFELINE AFG	Crestwood Christian Church 11750 Eddie & Park Rd. Crestwood, MO 63126 Dist 15	Entrance to church is off of Parkholm

HAZELWOOD MON 7:00 PM FF/O	LIVE In-Person	MAKING NEW CHOICES	Private residence 7431 Foxtrail Drive Hazelwood MO 63042 Dist 9	Week 1: Read from CAL "Discovering New Choices" Week 2: Read/discuss Tradition of the Month Week 3: Read/discuss Step of the month Week 4: Read/discuss Concept of the month Week 5: "Discovering New Choices"
MANCHESTER MON 7:00 PM FF/O/H	ZOOM & IN-PERSON	THERE IS A SOLUTION	St. Joseph Catholic Church 567 St. Joseph Lane Manchester, MO 63021 Dist 13	Zoom ID: 867 504 68650 Host will admit you. Parking & meeting entrance off Sulphur Springs Road. Entrance across from parking. Basement meeting room
MEHLVILLE MON 6:30 PM FF/O	LIVE In-Person	TWO OPEN HANDS AFG	St. John's Evangelical UCC 11333 St. Johns Church Rd. Mehlville, MO 63123 Dist 2	Enter farthest door on the left. The door closest to the cemetery
MEHLVILLE MON 7:00 PM FF/M/PG	LIVE In-Person	MEN'S NIGHT OUT AFG	Hope Vineyard Church 2923 Telegraph Rd St. Louis, MO 63125 Dist 2	Rear Door
O'FALLON MON 6:30-7:00 PM 1st Mon. of each mo. FF/O/NC/H	LIVE In-Person	NEW LIFE BEGINNERS AFG 1st Monday of each month	Connection Christian Church 1332 Feise Rd O'Fallon, MO 63368 Dist 17	Park around back & enter through BACK DOORS
O'FALLON MON 7:15-8:30 PM FF/O/Sp/H	LIVE In-Person	JOURNEY TO RECOVERY AFG	Connection Christian Church 1332 Feise Rd O'Fallon, MO 63368 Dist 17	Park around back & enter through BACK DOORS
PACIFIC MON 7:00 PM FF	LIVE In-Person	MONDAY METERS AFG Topic Meeting	202 North Columbus St Pacific, MO 63069 Dist 28	Enter though back door
PERRYVILLE MON 7:30 PM FF	LIVE In-Person	HELP FOR TODAY, HOPE FOR TOMORROW AFG	Discover Life Church 1324 Grand Ave Perryville, MO 63775 Dist 22	
ST. ANN MON 10:00 AM FF/H	ZOOM & IN -PERSON	FREE TO BE ME AFG "How Al-Anon Works"	Hope Lutheran Church 10701 St. Cosmos St. Ann MO 63074 Dist 9	ZOOM ID / Password 905 500 9221 / 597494 Use church entrance. Look for signs.
ST. LOUIS CITY MON 6:00 PM FF/O	ZOOM ONLY	HOW AFG WORKS Book Study	Dist 14	ZOOM ID / Password 986 9608 4394 / 034798
ST. LOUIS CITY MON 7:30 PM FF (except 5th Monday of Month*)	ZOOM ONLY	SOUTHSIDE AFG	*5th Monday - Open - Family, Friends, & Observers Wecome Meeting. Professionals, family and interested persons are welcomed.	Zoom ID / Password 833 3117 6899 / 295576 For Information Contact: Laurie K. 314-351-8545 / Geri W. 314-956-8992 or Megan M. 314-388-5920
UNION MON 12:00 PM FF/O	LIVE In-Person	TOGETHER WE CAN AFG	Zion United Church of Christ 115 S Washington Union Union MO 63084 Dist 28	
WARRENTON MON 7:00 PM FF	LIVE In-Person	WARRENTON 12 x 12 AFG	College United Methodist Church 701 East Booneslick Road, Warrenton, MO, 63383	Meeting location in white house behind church - Esther's House
WEBSTER GROVES/GLENDALE MON 9:30 AM (2nd and 4th Monday) FF/O	ZOOM & IN-PERSON	SPIRITUAL WINNERS AFG *Meet 2nd & 4th Monday*	Webster Hills UMC-Christian Life Ctr. 1333 W. Lockwood Glendale, MO 63122 Dist 15	ZOOM ID / Password 857 633 733 / doublewin Hybrid 2nd and 4th Monday Located NW corner of Lockwood & Berry
ZOOM ONLY MON 10:30 AM FF/H	ZOOM ONLY	CHOICES AFG	New time: 10:30 AM Dist 13	ZOOM ID / Password 818 5787 9599 / alanon

TUESDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BONNE TERRE TUES 7:00 PM FF/M/H	LIVE In-Person	OVERCOMERS AFG (Men's Meeting - 5th Tues Open to Men & Women)	Centenary United Methodist Church 20 Park Ave. Bonne Terre, MO 63628 Dist ?	Meeting in the Basement
BRIDGETON TUES 7:00 PM FF/H	LIVE In-Person	STEPS TO A NEW LIFE AFG	Arlington United Methodist Church 3770 McKelvey Rd Bridgeton, MO 63044 Dist 9	
BRIDGETON TUES 7:00 PM AT	LIVE In-Person	DREAMS TO REALITY ALATEEN	Arlington Methodist Church 3770 McKelvey Road, Room 105 Bridgeton, MO 63044 Dist. 9	Ages 12-20 Side Entrance. Room 309
CAPE GIRARDEAU TUES 12 NOON FF/H/S&T	LIVE In-Person	RIVER CITY FREEDOM AFG Step Tradition Study	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building Building next to Andy's Custard; around back with blue awning. Room 819.

DESOTO TUES 2:00 PM FF/O/H	LIVE In-Person	DESOTO SERENITY AFG	St. Rose of Lima 504 S. Third St Desoto, MO 63020 Dist 2	
EUREKA TUES 09:45 AM FF/O/H	ZOOM ONLY	F.I.S.H. FINALLY INTO SERENITY AND HOPE AFG	Dist. 13	ZOOM ID & Password 494 162 4021 / 000777
FESTUS TUES 7:00 PM FF/O/H	LIVE In-Person	SERENITY SEEKERS AFG	First United Methodist Church 113 Grand Ave. Festus, MO 63028 Dist. 3	As you pull into parking lot, facing building. Use doors on rt.
FESTUS TUES 7:00 PM AT	LIVE In-Person	LISTENING, CARING and SHARING ALATEEN	First United Methodist Church 113 Grand Ave. Festus, MO 63028 Dist. 3	Ages 13-18 As you pull into parking lot, facing building. Use doors on rt.
FLORISSANT TUES 10:00 AM FF/H	LIVE In-Person	SERENITY SEEKERS AFG	St. Mark's United Methodist Church 315 Graham Rd Florissant, MO 63031 Dist 9	
FLORISSANT TUES 7:30 PM FF/O/H	ZOOM ONLY	PATHFINDERS AFG	Dist. 9	ZOOM ID / Password 782 0110 6081 / 161907 (updated 9/9/26 per WSO)
KIRKWOOD TUES 7:00 PM FF/W	LIVE In-Person	SERENITY RISING WOMEN'S AFG	Greentree Community Church 100 Kirkwood Place Kirkwood, MO 63122 Dist 15	Park Lower Lot (Taylor Ave). Enter church by door off the patio. This is only access & open until 7:10
LADUE TUES 6:30 PM FF/AC/H	LIVE In-Person	JOURNEY TO SERENITY ADULT CHILDREN AFG	Second Baptist Church 9030 Clayton Rd. Ladue, MO 63124 Dist 15	Enter on north side of Building. Use office door (FAR RIGHT) to enter.
LEMAY TUES 6:00 PM FF/O/BkS	ZOOM & IN-PERSON	SIX O'CLOCK SERENITY AFG	South Co. Church of the Nazarene 2436 Telegraph Rd. Lemay, MO 63125 Dist 2	Meets in basement ZOOM ID / Password 829 9712 1580 / 165953 Studying *"How Al-Anon Works"*
MARYLAND HEIGHTS TUES 7:00 PM FF/O	LIVE In-Person	BUILDING RELATIONSHIPS AFG	The Connection Hub (The Hub) 140 Weldon Parkway Maryland Heights, MO 63043 Dist 9	Families, Friends, Observers Welcomed, Couples Encouraged. Follow CDC Guidelines
OAKVILLE TUES 7:30- 8:30 PM FF/H/O	ZOOM & IN-PERSON	ONE STEP AT A TIME AFG	St. Paul United Church of Christ 5508 Telegraph Rd. Oakville, MO 63129 Dist 2	Entrance in back, north side, next to small play area: second floor. For *handicap access* email onestepatatimeafg1984@gmail.com ZOOM ID / Password 817 7459 9420 / 456100
ST. LOUIS CITY TUES 9:30 AM FF/NC/H	LIVE In-Person	HAMPTON AFG NEWCOMERS	Redeemer Evangelical Church 6450 S Kingshighway St. Louis, MO 63109 Dist 14	Fellowship Hall - RED Door
ST. LOUIS CITY TUES 10:00 AM FF/O*	ZOOM & IN-PERSON	HAMPTON AFG	Redeemer Evangelical Church 6450 S Kingshighway St. Louis, MO 63109 Dist 14	ZOOM ID / Password 968 010 4100 / no PW necessary Fellowship Hall - RED Door
ST. LOUIS CITY TUES 12:00 PM FF/M	LIVE In-Person	ALL MALE AFG Meets on 1st, 3rd, & 5th Tuesdays	Lindell Club 4522 Lindell Blvd. St. Louis, MO 63108 Dist 14	
ST. LOUIS CITY TUES 6:30 PM FF/O/LGBT	ZOOM & IN-PERSON	RAINBOW CONNECTION AFG -- Steps	Steps Alano Club 3974 Humphrey St. Louis, MO 63116 Dist 14	ZOOM ID / Password 924 5301 5574/ 120599
ST. LOUIS CITY TUES 7:15 PM FF/O*	ZOOM ONLY	FRIENDS IN AFG	Dist 14	ZOOM ID / Password 810 1700 2774 /612876
SIKESTON TUES 7:00 PM FF	LIVE In-Person	SIKESTON SERENITY AFG	AA Meeting Room 153 Murray Lane Sikeston, MO 63801 Dist 22	On the SE corner of Stoddard & Center
TROY TUES 7:00 PM FF/H	LIVE In-Person	Attitude of Gratitude AFG	Zion United Church of Christ 725 Main St. Troy, MO 63379 Dist 25	Basement - Room behind the Kitchen
UNIVERSITY CITY TUES 7:00 PM FF/O/H	LIVE In-Person	BANNER GROUP AFG - LIVE	Our Lady of Lourdes 7148 Forsyth St. Louis, MO 63105 Dist 9	
UNIVERSITY CITY TUES 7:00 PM FF/O	ZOOM ONLY	BANNER Online AFG - ZOOM	Dist 9	ZOOM ID / Password 878 389 6055 / 280795
WEBSTER GROVES TUES 7:00 PM FF/O/PG	ZOOM & IN-PERSON	WEBSTER GROVES PARENTS AFG	1st Cong. Church of Webster Groves 10 W. Lockwood Webster Groves 63119 Dist 15	Meets Kishlar room 2nd floor. Zoom ID: 848 797 6552 or https://us02web.zoom.us/j/8487976552

WENTZVILLE TUES 7:00 PM FF/O/H	LIVE In-Person	WENTZVILLE AFG	Faith United Church of Christ 106 Kent Drive Wentzville, MO 63386 Dist 17	Rear parking lot; church basement entrance
ZOOM ONLY TUES 7:00 PM FF/O	ZOOM ONLY	COURAGE TO FIND SERENITY AFG	Dist 9	ZOOM ID / Password 876 1615 6018 / 100521
ELECTRONIC TUES 8:00 PM FF/W/BkS	ELECTRONIC	RECOVERY IN RELATIONSHIPS WOMEN'S AFG	Dist 2	ZOOM ID / Password 857 5640 8666 / 639465 Bookstudy group
WEDNESDAY				
AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
ARNOLD WED 7:00 PM FF/O/H	LIVE In-Person	LEARN N' LOVE AFG	New Hope United Methodist Church 3921 Jeffco Blvd. Arnold, MO 63010 Dist 2	Hwy 61 & Hwy 67 Front entrance. Main level
ARNOLD MO WED 7:00 PM AT/H	LIVE In Person	COURAGE TO GROW ALATEEN	New Hope United Methodist Church 3921 Jeffco Blvd. Arnold, MO 63010 Dist. 2	Ages 13-19 For more info, email couragetogrowalateen@gmail.com
CAPE GIRARDEAU WED 5:30 PM FF/H/D	LIVE In-Person	RIVER CITY FREEDOM AFG Discussion	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building Building next to Andy's Custard; around back with blue awning. Room 819.
CREVE COEUR WED 10:00 AM FF/H/NC	LIVE In-Person	CREVE COEUR AFG Steps	Holy Cross Lutheran Church 13014 Olive Blvd Creve Coeur, MO 63141 Dist 13	Beginners meeting the fourth Wednesday of every month at 9:30 AM
ELLISVILLE WED 6:45 PM FF/O	LIVE In-Person	PROGRESS IN RECOVERY AFG	West County Club 16296 Westwood Business Park Ellisville MO 63021 Dist 13	TEENS Welcomed enter in the rear, down a small hill in the parking lot
HOUSE SPRINGS WEDS 6:30 PM FF/O	LIVE In-Person	WEDNESDAY'S SERENITY AFG	Our Lady Queen of Peace 4696 Notre Dame Ln House Springs, MO 63051 Dist 2	Building C2 next to playground
KIRKWOOD WED 5:30 PM FF/W/S/H	LIVE In-Person	WOMEN'S SERENITY EXPRESS AFG Steps	Kirkwood United Methodist Church 201 West Adams and Clay Kirkwood, MO 63122 Dist 15	
KIRKWOOD WED 6:30 -7:45 PM FF/O/H	ZOOM & IN-PERSON	EVERY DAY GRACE AFG Steps	Kirkwood United Church of Christ 1603 Dougherty Ferry Kirkwood, MO 63122 Dist 15	ZOOM ID / Password 885 4919 8126 / 251586
KIRKWOOD WED 7:00 PM FF/O/H	LIVE In-Person Will not meet on November 18 or 25.	HOPE & FELLOWSHIP AFG	Kirkwood United Methodist Church 201 West Adams Road Kirkwood, MO 63122 Dist 15	Park West Side of Church. Enter at northwest entrance with awning through double glass doors. Meeting is downstairs room 107. Will not meet on November 18 or 25.
LADUE WED 7:00 PM FF/O/PG/H	LIVE In-Person	PARENTS COURAGE TO CHANGE AFG	Salem United Methodist Church 1200 S. Lindbergh Ladue, MO 63131 Dist 15 Room 215	Park in rear of church, enter rotunda double doors. Go Left into Education Wing, take stairs or elevator to 2nd floor. Go down hallway to last classroom on the left, Room 215.
MANCHESTER WED 7:00 PM FF/O/H	LIVE In-Person	EVER THANKFUL AFG	Community Christian Church 623 Meramec Station Rd. Manchester, MO 63021 Dist 13	Meeting in Basement
MEHLVILLE WED 10:00 AM FF/O	PHONE & IN-PERSON	CARE & SHARE AFG	St. John's Evangelical UCC 11333 St. Johns Church Rd. Mehlville, MO 63123 Dist 2 (At Lindbergh and I-55)	DIAL IN: (605) 468-8012 Password 462776# Door Code: 41211
O'FALLON WED 6:30 PM FF/O/H Will not meet 11/11/26 Veterans Day	LIVE In-Person	REACHING FOR PERSONAL FREEDOM AFG	Middendorf-Kredell Branch of St. Charles City-County Library ROOM C 2750 State Hwy K, O'Fallon, MO 63368 Dist 17	Study of P-92 "Reaching for Personal Freedom: Living the Legacies" Will not meet 11/11/26 Veterans Day (library closed)
ST. CHARLES WED 7:00 pm FF/O/H	LIVE In-Person	SOLUTIONS OF HARVESTER AFG	Zion Lutheran Church 3866 Harvester Road St. Charles, MO 63304 Dist 17	Use lower level entry of church
TROY / MOSCOW MILLS WED 10:30 AM FF/O/H	ZOOM ONLY	WEDNESDAY TRANQUILITY AFG	Dist 25	ZOOM ID / Password 497 034 0183 / 856291
WASHINGTON WED 6:00 PM FF/H	LIVE In-Person	JUST FOR TODAY AFG	New Washington Presbyterian Church 4834 S. Point Road Washington, MO 63090 Dist 28	Follow Health & Safety Guidelines

WASHINGTON WED 7:30 PM FF/M/H	LIVE In-Person	WASHINGTON MEN'S AFG	St. Francis Borgia Middle School Bldg. 225 Cedar St. Washington, MO 63090 Dist 28	
WEBSTER GROVES WED 9:30 AM FF/O/H	ZOOM & IN-PERSON Al-Anon 2nd &4th Wed only	WEDNESDAY WINNERS Al-Anon 2nd and 4th Wed only	Webster Hills UMC: Christian Life Cnt. 1333 W. Lockwood Ave. St. Louis, MO 63122	ZOOM ID / Password 857 633 733 / doublewin NW corner of Lockwood & Berry
WEBSTER GROVES WED 6:00 PM FF/M	LIVE In-Person	Webster Groves Men's AFG (Men Only)	Webster Hills UMC: Christian Life Cnt. 1333 W. Lockwood Ave. St. Louis, MO 63122 Dist 15	NW corner of Lockwood & Berry
WEBSTER GROVES WED 6:30 PM FF/O/AC/H	LIVE In-Person	WEDNESDAY'S CHILD, ADULT CHILDREN AFG Steps	Webster Groves Church of Nazarene 145 East Old Watson Webster Groves, MO 63119 Dist 15	Lower Level-fellowship Hall Enter through front doors Handicap entrance lower parking

THURSDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
CAPE GIRARDEAU THUR 12:00 NOON FF/H/D	LIVE In-Person	RIVER CITY FREEDOM AFG Discussion	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building Building next to Andy's Custard; around back with blue awning. Room 819.
CHESTERFIELD THUR 11:30 AM Monthly - 4th Thurs. Newcomers	LIVE In-Person	ALA-NOONERS AFG Newcomers Newcomers Meeting on 4th Thurs of the Month	Chesterfield Comm. Church 14647 Ladue Rd. Chesterfield, MO 63017 Dist 13	Meets downstairs through back entrance that faces Ladue Group will not meet on Thanksgiving
CHESTERFIELD THUR 12:00 PM FF/H Group will not meet on Thanksgiving	ZOOM & IN PERSON	ALA-NOONERS AFG	Chesterfield Comm. Church 14647 Ladue Rd. Chesterfield, MO 63017 Dist 13	Enter in back door that faces Ladue-downstairs Email for ZOOM Login Info: Alanon507@gmail.com
CHESTERFIELD THUR 7:00 PM FF/M/H	ZOOM & IN-PERSON	MALE STUMBLING BLOCKS AFG	King of Kings Church 13765 Olive Blvd. Chesterfield, MO 63017 Dist. 13	ZOOM ID / Password 827 0652 1825 / 009591 In-Person - meet in Youth Room
CLAYTON THUR 12:00 PM FF/M/H	LIVE In-Person	HOW AFG WORKS	Samuel United Church of Christ 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	Parking on Street Meeting in Zircker Room
CLAYTON THUR 2:00 PM FF/H	LIVE In-Person	HELP,HOPE & HEALING	Samuel United Church of Christ 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	Parking on Street Meeting in Zircker Room
CREVE COEUR THUR 9:00-10:15 AM FF/H	ZOOM ONLY	SPIRITUAL AWAKENING AFG	Dist 13	ZOOM ID / Password 837 9045 5424 / spirit
CREVE COEUR THUR 7:00 PM FF/W/H	ZOOM & IN -PERSON	WOMEN'S STRENGTH IN UNITY AFG	Holy Cross Lutheran Church 13014 Olive Blvd. Creve Coeur, MO 63141 Dist 13	Park in upper lot on N. side building. (Olive Blvd side). wsiugr@gmail.com for Login Info.
DARDENNE PRAIRIE THUR 7:00 PM FF/H	LIVE In-Person	HOPE FOR TODAY AFG	Dardenne Presbyterian Church 7400 Hwy N (South outer Rd) Dardenne Prairie, MO 63368 Dist 17	Room B11. Use church main entrance (under the overhang)
DARDENNE PRAIRIE THUR 7:00 PM AT	LIVE In-Person	TRUE PATH TO FREEDOM ALATEEN	Dardenne Presbyterian Church 7400 Hwy N (South outer Rd) Dardenne Prairie, MO 63368 Dist 17	Ages 13-18
FARMINGTON THUR 7:00 PM FF/O/H	LIVE In-Person	THURSDAY NIGHT AFG	Farmington Library 101 N. 8th St. Farmington, MO 63640 Dist 22	NO MEETINGS ON FEDERAL HOLIDAYS. (Library is closed)
GLENDALE THUR 10:00 AM FF/S/H	ZOOM ONLY	STEPPING INTO SERENITY AFG	Dist 15	ZOOM ID / Password 822 820 275 / 118004 Meets as usual on Thanksgiving
KIRKWOOD THUR 11:15 AM FF/O*	LIVE In-Person *Al Anon 2nd & 4th Thur.	HEALING STEPS AFG	Kirkwood United Church of Christ 1603 Dougherty Ferry Kirkwood, MO 63122 Dist 15	* Al Anon 2nd and 4th Thur. only
KIRKWOOD THUR 7:00 PM FF/M/H	LIVE In-Person	OUR GANG MEN'S AFG	Concordia Lutheran Church 505 S. Kirkwood Kirkwood, MO 63122 Dist 15	
KIRKWOOD THUR 7:00 PM FF/H	LIVE In-Person	JUST FOR TODAY AFG	Kirkwood United Methodist Church 201 W. Adams Ave. Room 107 Kirkwood, MO 63122 Dist 15	Park West Side of Church. Enter at northwest entrance with awning through double glass doors. Meeting is downstairs room 107.
MARYLAND HEIGHTS THUR 7:00 PM FF/O/H	ZOOM ONLY	COURAGE TO CHANGE AFG	Group will meet at 8:00 PM on Thanksgiving, & at 7:00 PM as usual on Christmas Eve & NYE. Dist 9	ZOOM ID / Password 895 2385 7612 / 584896

MEHLVILLE THUR 10:15-11:30 AM FF/O	LIVE In-Person Group will not meet on Thanksgiving, Xmas Eve, NY Eve	LEARNING TO LIVE AFG	St. John's Evangelical UCC 11333 St. John's Church Rd. Mehlville, MO 63123 Dist 2	Door Code: 51411 Group will not meet on Thanksgiving, Christmas Eve, New Years Eve
MEHLVILLE THUR 7:00 PM FF/O/PG/H	LIVE In-Person	PARENTS PATHS TO RECOVERY AFG	St. Luke's Methodist Church 2761 Telegraph Rd St. Louis, MO 63125 Dist 2	Fellowship Hall
O'FALLON THUR 6:00 PM FF/O/H	LIVE In-Person	ONE PURPOSE	212 Club 207 E. Pittman O'Fallon, MO 63366 Dist 17	
ST. CHARLES THUR 7:00 PM FF/H	LIVE In-Person	CLIMBING HIGHER AFG LITERATURE MEETING	Trinity Episcopal Church 318 S. Duchesne Dr. St. Charles, MO 63301 Dist 17	Meeting Room Upstairs
ST. LOUIS CITY THUR 12:00 PM FF/H	LIVE In-Person	GRACE IN AFG	Grace United Methodist Church 6199 Waterman St. St. Louis, MO 63112 Dist 14	
ST. PETERS THUR 10:30-11:30 AM FF/H	LIVE In-Person	MORNING SERENITY AFG	Chapel of the Cross 907 Jungermann St. Peters, MO 63376 Dist 17	Rear Door. Lower Level. Bring own books / drinks.
SULLIVAN THUR 6:30 PM FF	LIVE In-Person	PERSONAL FREEDOM AFG	St. Matthew Lutheran Church 528 Church St. Sulliavan, MO 63080 Dist 28	Meeting is through double doors, in the back of the church
SULLIVAN THUR 6:30 PM AT	LIVE In-Person	SULLIVAN ALATEEN	St. Matthew Lutheran Church 528 North Central Street Sullivan, MO 63080 Dist 28	Ages 10-18
WASHINGTON THUR 7:00 PM FF/H	LIVE In-Person	NEW BEGINNINGS AFG	St. Francis Borgia Middle School Bldg. 225 Cedar St. Washington, MO 63090 Dist 28	

FRIDAY

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BALLWIN FRI 9:30 AM FF/H	ZOOM & IN-PERSON	CHOICES & CHANGE AFG	St. Mark's United Presbyterian Church 601 Claymont Drive Ballwin, MO 63011 Dist 13	ZOOM ID / Password 85245482800 / STMARK12
BALLWIN FRI 10:00 AM FF/O/H	ZOOM & IN-PERSON	(FROG) FULLY RELYING ON GOD IN RECOVERY AFG	St. Martin's Epicopal Church 15764 Clayton Road Ballwin, MO 63011 Dist 13	ZOOM ID / Password Contact: frog.in.recovery@gmail.com
CLAYTON FRI 5:30 PM FF/O/W	LIVE In-Person	WOMEN AFG	Samuel United Church of Christ 320 N. Forsyth Blvd Clayton, MO 63105 Dist 14	2nd and 4th Fridays: Intro or beginners group
CAPE GIRARDEAU FRI 7:00 PM FF/H/BksD	LIVE In-Person	RIVER CITY FREEDOM AFG	The Awnings 819 N Kingshighway Cape Girardeau MO 63701 Dist 22	Lower Level, accessed from back of the building Book Study-How Al-Anon Works Building next to Andy's Custard; around back with blue awning. Room 819.
FLORISSANT FRI 10:00 AM FF/H	LIVE In-Person	LIVING HOPE AFG	St. Mark's United Methodist Church 315 Graham Road Florissant, MO 63031 Dist 9	
KIRKWOOD FRI 9:30- 10:45 AM FF/W/H	ZOOM & IN - PERSON	WYMYN IN RECOVERY AFG Steps/Book Study	Kirkwood Road Christian Church 529 N Kirkwood Road, 63122 Fellowship Hall	Enter thru the double glass doors at the covered entrance toward the back Take stairs/elevator to 1st Floor, Follow signs to Fellowship Hall (quick right then left) ZOOM ID / Password 840 6043 3470/ 420915
KIRKWOOD FRI 6:30 PM FF/O	ZOOM ONLY	FRIDAY NIGHT FELLOWSHIP AFG	Dist 15	ZOOM ID / Password 751 640 915 / 636107
IMPERIAL Meeting closed effective 10/30/26	LIVE In-Person	HY- HOPES AFG	The Collective Recovery Center 924 Jeffco Executive Drive Imperial, Missouri Dist 2	This meeting is closing, effective 10/30/26. Thank you for your service.
OVERLAND FRI 10:00 AM FF/O/NC	ZOOM ONLY	FREEDOM AFG	Dist 9	ZOOM ID / Password 905 500 9221 / 597494
ST. LOUIS CITY FRI 10:00 AM FF/S/H	ZOOM & IN - PERSON	STEPPING OUT AFG	Epiphany Lutheran Church 4045 Holly Hills at Leona St. Louis, MO 63116 Dist 14	ZOOM ID / Password 830 1495 2813 / 547362 Reads "Paths to Recovery"
ST. LOUIS CITY FRI 12:00 PM FF*/M/SP	ZOOM & IN-PERSON	ALL MALE (FEELINGS) AFG Meets on 2nd & 4th Fri	Lindell Club 4522 Lindell Blvd. St. Louis, MO 63108 Dist 14	Zoom information was not provided.

ST. LOUIS CITY FRI 6:30 PM FF/O/LGBT	LIVE In-Person	AVOIDANCE AFG	Steps Alano Club 3974 Humphrey, 2nd Floor, Room #4! St. Louis, MO 63116 Dist 14	2nd Floor, now in Room #4 as of 10/23/26 LGBTQ+ affirming - all people are welcome!
TROY FRI 8:00 PM FF/H	LIVE In-Person	ATTITUDE OF GRATITUDE AFG	Zion United Church of Christ 725 Main St. Troy, MO 63379 Dist 25	Basement - Room behind the Kitchen
WEBSTER GROVES FRI 7:30-8:45 PM FF/O/H	ZOOM & IN-PERSON	GRATEFUL EVERY DAY AFG	Webster Hills Community Center 1333 W. Lockwood Webster Groves, MO 63119 Dist 15	Main Floor-Great Rm- fireplace ZOOM ID / Password 867 5182 1015 / 005218
SATURDAY				
AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
BALLWIN SAT 9:30 AM FF/O/H	ZOOM & IN-PERSON	SOLUTION FINDERS ADULT CHILDREN AFG	Community Christian Church (basement) 623 Meramec Station Rd Ballwin, MO 63021 Dist 13	75 min. meeting ZOOM ID / Password 835 8984 2680 / 167723
CHESTERFIELD SAT 9:00 AM FF/O/AC/H	LIVE In-Person	BACKDOOR AFG	Trinity Lutheran Church 14088 Clayton Road Chesterfield, MO 63017 Dist 13	Preteens and Teens Welcomed!
FENTON SAT 5:00 PM FF/O/H	ZOOM ONLY	RECOVERY IN RELATIONSHIPS AFG		ZOOM ID / Password 857 5640 8666 / 639465
KIRKWOOD SAT 8:00 AM FF/O/AC	ZOOM ONLY	SOLUTIONS ADULT CHILDREN AFG	Dist. 15	ZOOM ID / Password 984 514 0022 / No PW Needed
ST. LOUIS CITY SAT 10:30 AM FF/W/AC/H	LIVE In-Person	WOMEN IN RECOVERY ADULT CHILDREN AFG	Gethsemane Lutheran Church 3600 Hampton & Pernod St. Louis, MO 63109 Dist 14	In bad weather, we may switch to Zoom. Bad weather contact: WIRafgSTL@gmail.com
ST. PETERS SAT 11:00 AM FF/H	LIVE In-Person	BLUEPRINT FOR PROGRESS AFG 4th Step Study	Gateway Church 250 Salt Lick Rd. St. Peters, MO 63376 Dist 17	Enter Middle door; Rt, last room on Rt.
WEBSTER GROVES SAT 8:00 AM FF/AC/H In case of inclement weather, group meets on Zoom	ZOOM & IN-PERSON	FOCUS ON SOLUTIONS ADULT CHILDREN AFG	Webster Groves Church of the Nazarene 145 E. Old Watson Rd Webster Groves, MO 63119 Dist 15	ZOOM ID / Password 445 292 1149 / Serenity Email FOS.am.sat@gmail.com for Questions In case of inclement weather, group meets on zoom
WEBSTER GROVES SAT 4:00 PM FF/O	ZOOM ONLY	SANCTUARY AFG	Dist. 15	ZOOM ID / Password 868 6020 2026 / sanctuary

SOUTHERN IL AL-ANON MEETINGS

AREA/TIME/TYPE	FORMAT	MEETING NAME	ADDRESS / DISTRICT	SPECIAL NOTES
SUNDAY				
O'FALLON SUN 10:30 am FF/O/H/BkS	ZOOM & IN-PERSON	PROGRESS NOT PERFECTION AFG	St. Elizabeth's Hospital 1 St. Elizabeth Blvd. Renth Conference Rm - Ground Floor O'Fallon, IL 62269 IL Dist. 14	ZOOM ID / Password 208 147 7373 / snowman Book Study
ZOOM MEETING SUN 7:30 pm BkS	ZOOM ONLY	Sunday Night Service Book Study AFG	IL Dist. 18	ZOOM ID / Password 822 5538 2259 / service BS: "12th Step Service Book"
MONDAY				
ALTON MON 7:30-8:45 pm FF/H	LIVE In-Person Always Meets on Holidays	MONDAY NIGHT E. 12TH STREET AFG	The Bridge Church 504 E 12th St. Alton IL 62002 IL Dist. 18	Classrooms 2-3 Door locked at 7:45
BELLEVILLE MON 7 pm FF/BKS/ O*	LIVE In-Person	DISCOVERING FREEDOM AFG	St. Michaels Episcopal Church 111 O'Fallon - Troy road O'Fallon, IL 62269 IL Dist. 14	Book Study
COLUMBIA MON 6:00-7:00 pm FF/O NEW MEETING	LIVE In-Person	MONDAY NIGHT MIRACLE AFG NEW MEETING	626 West Bottom, Columbia, IL, 62236 IL Dist. 14	Park in upper lot. Meeting in Mult-Purpose Room
EDWARDSVILLE MON 6:30-7:30 pm FF/H	LIVE In-Person	MONDAY NIGHT SERENITY AFG	First Baptist Church 534 St. Louis Street Edwardsville IL 62025 IL Dist 18	Side Entrance: Conf. Room 1, (1st door on rt) Open Speaker Meeting 5th Mon. of the month
GRANITE CITY MON 9:30 - 11:00 am FF/H	LIVE In-Person	OPEN DOOR AFG	St. John UCC 2901 Nameoki Rd. Granite City, IL 62040 IL Dist. 18	Enter via ramp to basement, handicap accessible

O'FALLON MON 5:30 pm FF/O	ZOOM ONLY	HOW IT WORKS AFG		ZOOM ID / Password 986 9608 4394 / 034798
TUESDAY				
JERSEYVILLE TUE 6:00 PM FF/O	LIVE In-Person	TUESDAY NIGHT JERSEYVILLE AFG	JCH Annex Building 9 220 E. County Rd Jerseyville, IL 62052 IL Dist. 18	E Entrance, Behind Nsg Home
MT OLIVE TUE 6:30-7:30 PM FF/H	LIVE In-Person	THE LAST RESORT AFG	Zion Lutheran Church 500 S. Old Route 66 Mt. Olive IL IL DIST 18	
NEW ATHENS TUE 7 pm FF/BkS	LIVE-IN PERSON	NEW ATHENS AFG	St Paul's Lutheran Church basement 900 Belsha St (at Church St) New Athens IL 62264 IL DIST 14	For info contact: (618) 713-2250 2nd Tuesday is Open Al-Anon meeting with AA
WEDNESDAY				
ALTON WED 7- 8:15 pm FF/BkS	LIVE In-Person	SUNSHINE AFG	Upper Alton Baptist Church 2726 College Ave. Alton IL 62002 IL Dist 18	Back Door to Basement
EDWARDSVILLE WED 9:15-11 am FF/H/BBS	LIVE In-Person	HOPE FOR TODAY AFG	Leclaire Christian Church 1914 Esic Drive Edwardsville, IL 62025 IL Dist. 18	Enter through last set of doors
EDWARDSVILLE WED 7:30-8:30 pm FF/O/H/BkS	ZOOM & In-Person	FUNDAMENTALS OF RECOVERY AFG	St. John's United Methodist Church 7372 Marine Rd. (Rt 143) Edwardsville, IL 62025 IL Dist. 18	ZOOM ID / Password 825 0563 8551 / 342194 Front Doors (Across from Moose Lodge) Read "How Al-Anon Works"
GRANITE CITY WED 7-8:30 PM FF	LIVE In-Person	HOPEFUL SERENITY SEEKERS ADULT CHILDREN AFG	Hope Lutheran Church 3715 Wabash Avenue (Parish Hall) Granite City, IL 62040 IL Dist. 18	Parish Hall
O'FALLON WED 7:00 pm FF/O/H	ZOOM & In-Person	BEGINNERS AFG	St. Michael's Episcopal Church 111 O'Fallon - Troy Rd O'Fallon, IL, 62269, IL Dist. 14	ZOOM ID / Password 782 027 4530 / Wednesday Info: winterjc@charter.net
THURSDAY				
ALTON THUR 10:00-11:15 AM O/H	LIVE In-Person	HOW AL-ANON WORKS AFG	OSF St. Anthony's Health Center 1 Saint Anthony's Way 3rd Floor Alton, IL 62002 IL Dist. 14	3 W. Grp Training Room: Main Entrance, Elevator #3, to Third Floor. Through Psychological Services Center Foors. Room end of hall on rt. Parking & Valet free in hospital lot
BELLEVILLE THUR 7 pm FF/O/H	LIVE In-Person	POWERLESS RANGERS	Union United Methodist Church 721 East Main St. Belleville, IL 62220 IL Dist. 14	KRAUSE ROOM - enter 1st room on the outside of the building
BELLEVILLE IL THUR 7:00 PM NEW AT	LIVE In-Person	SAFE ZONE BELLEVILLE ALATEEN NEW	721 East Main Belleville, IL 62220	Ages 12-19 Use front door - small chapel
GLEN CARBON THUR 7 pm FF/H	ZOOM & IN-PERSON	THURSDAY NIGHT AFG	New Bethel United Methodist Church Front Door- D/STARS 131 N. Main St. Glen Carbon IL 62034 IL Dist. 18	ZOOM ID / Password 879 8129 8272 / 622407 Frt. Door - D/STARS (steps or ELEV)
MASCOUTAH THUR 6 PM FF/O/H	LIVE In-Person	HOW IT WORKS AFG	Mercy's Door Church Office 204 W. Main St. Mascoutah, IL 62258 IL Dist. 14	
FRIDAY				
O'FALLON FRI 5:30 pm FF	LIVE In-Person	COURAGE TO CHANGE AFG	Karla Smith Behavioral Health 200 North Lincoln O'Fallon, IL 62269 IL Dist.14	Park North side of bldg; enter front door; upstairs
O'FALLON FRI 6:30 pm FF/ BkS	ZOOM ONLY	SERENITY SEEKERS AFG	IL Dist.14	For information contact: winterjc@chapter.net
PINCKNEYVILLE FRI 8 pm FF	LIVE In-Person	KEEP COMING BACK AFG	Pinckneyville Sr. Club 605 South Douglas Pinckneyville IL 62274 IL Dist. 14	For info contact: 618-571-1772
SATURDAY				
TROY SAT 8 am FF/H (Thru upper level)	LIVE In-Person	TROY JOY AFG	Troy United Methodist. Church 407 Edwardsville Rd / Route 162 Troy, IL 62294 IL Dist. 18	Use double brown doors at side of the church. Lower Level OPEN Al-Anon/AA family Meeting 1st Sat. of each month