| New Meeting  Avoidance AFG  Friday’s at 6 pm.  Steps Alano Club  3974 Humphrey 2nd floor  St. Louis, MO. 63116  Starting Friday August 5th 6-7 pm.  Meeting format:  3 Friday’s - read from Conference Approved Literature.  1 Friday – Speaker.  for more information contact: Heidi at [hmoore013@gmail.com](mailto:hmoore013@gmail.com) or call the AIS Office at 314-645-1572.  \*Please join us for an evening of recovery\* |
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