Intergroup Representatives (IR) Meeting Minutes

Thursday, April 2, 2026 – 7:00 PM – Zoom

1. Call to Order and Opening

The meeting was called to order by Gene M. President, and participants were informed that the session was being recorded and summarized using automated tools. The meeting started with a moment of silence and the Serenity Prayer was recited collectively.

2. Fourth Tradition of the month for April:

The Fourth Tradition was read: "Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole."

3. Introductions

The meeting began with introductions and welcoming potential new board member Connie L., who was unanimously voted in after sharing her background in Al-Anon service work. There was a brief discussion on the election process and the need to fill the Board to full capacity at nine (9) members.

Several Board members were absent due to personal commitments. Board member, Mary K., arrived late due to a scheduling conflict.

Gene M. welcomed visitor Diane L., who represents the Forum Literature area. Diane L. introduced the Al-Anon Forum magazine, emphasizing its writing guidelines, themes, and subscription opportunities. She encouraged groups to consider subscribing, noting that Missouri has fewer than 400 subscriptions. The magazine features articles on concepts and traditions, with monthly themes, and is recommended as a resource for meetings and discussions. Diane also explained the submission process and guidelines for writing and photography, highlighting international contributions. Susan C. agreed to distribute these guidelines and Diane's contact information to all IRs and include related information in the next issue of newsletter. Diane L. thereafter left to allow the Board to conduct business.

4. Secretary Report (Jennifer H., Absent)

- Minutes from last month's meeting were approved by motion made by Christine M., IR from Webster Groves Parents, and seconded by Mary K., Board member.

5. Treasurer's Report (Diana B., Absent)

Financial Status Report as of February 28, 2026 (Full report is attached):

- Total Revenue of $5,137, below the 2026 monthly budgeted average of $6,017.
- Net Operating is at deficit of ($186) for the month.
- Literature Sales were $2,460, above the 2026 monthly budgeted average of $2,333, which exceeded expectations.

- District Contributions were $0, below the 2026 monthly budgeted average of $333. Group Contributions were $1,559, below 2026 monthly budgeted average of $2,333. Miscellaneous Contributions of $941, above 2026 monthly budgeted average of $667.
- Monthly Expenses of $5,323 were below the 2026 monthly budgeted average of $6,055.
- Literature costs of $823 were below the 2026 monthly budgeted average of $1,667.
- Cash reserves stood at approximately $70,201, nearing the target of one year's expenses ($73,000).

Treasurer's report and budget were approved by motion made by Susan C., AIS staff, and seconded by Christine M., IR from Webster Groves Parents.

The Board had previously approved the next fiscal year's budget.

6. Public Outreach Report (Mary K.)

Mary K and Susan C. discussed the need for a dedicated Public Outreach Chair as they currently share the role. Ongoing outreach includes quarterly letters to clergy, churches, synagogues, and upcoming outreach to AA meetings. Susan suggested including a list of Al-Anon meetings in outreach materials. Volunteers were requested for the Public Outreach Chair and webmaster positions. Susan also announced an April 17th outreach event at a large library and encouraged IRs to volunteer. Mary R reported on new public outreach materials from the Area World Service Committee and proposed that the new Missouri Area Public Outreach person contribute to the May newsletter.

7. AIS Office Report (Mary R.)

Mary R highlighted the need for a new webmaster with basic technical skills as the current webmaster is rotating off. Website issues are rare, but the position is important. Updates included the addition of the G1 handout for speaker topics in IR materials and a new delegate attending the World Service Conference to discuss group name policies and service cost structures. Denise K. assumed the After-Hours Committee chair position, and Diana B.'s efforts to resolve phone system issues were acknowledged. The group also addressed a minor meeting list correction, confirming it was a simple typo that did not require removing the list. Plans for an upcoming ice cream social with an early-opening jewelry sale were discussed.

8. Old Business

- The meeting covered updates on committee leadership changes, including Denise K. taking over the After-Hours Committee chair position.
- Diana's efforts in resolving phone system issues over several months were acknowledged.
- The group addressed a minor meeting time error in the AIS Meeting List, deciding it was a simple typo that didn't require removing the list entirely

9. New Business

- New board members, Connie L. and Margie P., were introduced to the IRs.
- The group discussed plans for an upcoming ice cream social featuring a jewelry sale, which will open two hours early to accommodate the crowds.

- **Next Steps and Action Items:**

    - Susan C. will send Forum writing guidelines and Diane L.'s contact information to all IRs via group email.
    - Susan C. will include subscription links and writing guidelines in the next issue of *Sincerely Al-Anon*.
    - Susan C. will ask the new Missouri Area Public Outreach person to contribute to the May newsletter.
    - Mary K and Susan C. will finalize and distribute updated public outreach letters to districts.
    - All IRs are encouraged to advertise for volunteers for Public Outreach Chair and Webmaster positions.
    - Susan C. will coordinate details for the jewelry sale and ice cream social, including early opening.
    - Susan C. will include the G1 speaker topics handout in upcoming IR materials.
    - IRs interested in volunteering for the April 17th library outreach event are encouraged to contact organizers.

10. Open Sharing

11. Attendees

There were Twenty-one (21) in attendance at the meeting with three (3) Board members [Gene M., Mary K., and Mary R.], Susan C. (office staff), 15 IRs, Connie L., prospective and new Board Member, and Diana L., visitor from MO Area Forum/Literature, in attendance,

12. Adjournment

The meeting was adjourned at 8:00PM with the Serenity Prayer and Al-Anon Declaration: **Next IR Meeting is Thursday, May 7, 2026 at 7:00 PM on Zoom.**

Respectfully submitted,

Jennifer H., Board Secretary