Intergroup Representatives (IR) Meeting Minutes

Thursday, June 4, 2026 – 7:00 PM – Zoom

1. Call to Order and Opening

The meeting was called to order by Gene M. President. The meeting started with a moment of silence and the Serenity Prayer was recited collectively.

In attendance at the meeting were: Gene M., Board member and President, Mary K., Vice-President and Board Member, Mary R., Office Board member and Office Liaison, Diana B., Treasurer and Board Member, Connie L., Board Member, Lorene M., Board Member, and Susan C. (office staff).

Jennifer Hoffman, Secretary and Board Member and Margie P., Board Member, were absent due to personal commitments.

2. Sixth Tradition of the month for June:

The meeting focused on the Sixth Tradition which was read: "Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics."

3. Introductions

The meeting began with IR introductions.

4. Secretary Report (Jennifer H., Absent)

- Motion made to approve the May minutes from last month's meeting by Val F. and seconded by Laurie K. The minutes were approved unanimously by the IRs.

5. Treasurer's Report (Diana B.)

Financial Status Report as of March 31, 2026(Full reports are attached):

- Total Revenue of $3,975, below the 2026 monthly budgeted average of $6,017.
- Net Operating is at deficit of ($191) for the month.
- Literature Sales were $2,134, below the 2026 monthly budgeted average of $2,333.
- District Contributions were $0, below the 2026 monthly budgeted average of $333.
- Group Contributions were $1,420, below 2026 monthly budgeted average of $2,333.
- Miscellaneous Contributions of $174, below 2026 monthly budgeted average of $667.
- Monthly Expenses of $4,166, below the 2026 monthly budgeted average of $6,055.

- Literature cost of $0, below the 2026 monthly budgeted average of $1,667.

- Total cash in checking was $3,659. Total Cash and Reserves of $68,329.

Treasurer's report and budget were approved unanimously after motion made by Dean B., IR, and seconded by Mary R., Board Member.

- Annual taxes for the AIS organization were completed and filed by May 15th deadline at $150 cost.

6. Public Outreach Report (Mary K.)

- **Alateen Founders Day table:** Valerie and Paula will staff an Alateen information table at AA Founders Day in South County on Saturday.
- **Church outreach expansion:** Third quarter outreach will target additional churches in South County, Jefferson County, and Southern Illinois (100 churches previously contacted).
- **School counselor outreach:** Fourth quarter outreach will focus on middle and high school counselors.
- **AA facility outreach:** Second quarter project sent Al-Anon and Alateen information to all surrounding AA facilities/intergroups in Missouri and Illinois; no mailings returned.
- **Public Outreach suitcase returned:** Public outreach suitcase (includes tablecloth, brochures, and display materials) returned after extended delay. Groups are reminded to return the suitcase promptly after events.

7. AIS Office Report (Mary R., Office Liaison):

- **Literature sales (May):** 77 newcomer packets, 55 "Just For Today" bookmarks, and strong sales across AFAs, How Al-Anon Works, and fundraising pens.
- **After-hours calls:** Four calls received in May.
- **Speakers Bureau:** Five requests in May, nine in April 22.
- **Website traffic:** 2,772 page views, 1,368 visits (slight decrease), but 30% increase in pages per visit over last 31 days.
- **Phone time accuracy issue:** Office staff working to resolve incorrect time stamps on phone system.
- **Domain and email outage:** Website and email services went down Thursday when Spectrum (which hosted domain and email after AT&T switch) discontinued service without notice.
- **Temporary solution:** Spectrum now hosting domain and email for $40/month until permanent solution found.
- **Tech support needed:** Organization seeking volunteer with technical expertise to help migrate to more cost-effective hosting (potentially $40/year vs. current $40/month).

8. Old Business

9. New Business

- **Newcomer Packet Discussion:**
  - **Current cost:** $1.75 per packet with 5-6 pamphlets included. Clarification needed on whetherM7 wallet card cost is 25 or 35 cents.
  - **Proposed addition:** M7 wallet card (25 cents) would bring total to $2.00.

- **Concerns raised:** Whether 12 steps are necessary for newcomers who may be overwhelmed; no current newcomer packet materials list the steps explicitly.
- **Alternative approaches:** Some groups already provide How Al-Anon Works book (which includes steps) to newcomers; most Al-Anon literature includes steps.
- **Next steps:** IRs will present to their groups and provide feedback; Loretta's WSO inquiry on adding Steps to official newcomer packet will take considerable time.

- **Billboard Discussion:** Board approached by Alateen to provide partial funding for a billboard.

  - **Billboard details:** Confirmation needed on exact cost ($300/week vs. $300/month) and District 2 contribution amount.
  - **District outreach:** Whether District 2 and other districts will contribute additional funding for billboard.
  - **Alateen input:** Request to survey Alateen members on billboard effectiveness and preferred outreach methods.
  - **Previous billboard success:** Districts 14 and 28 previously funded billboard with AIS support; billboard stayed up beyond paid period and generated measurable calls.
  - **Motion** was made by Laurie K. to give $100 to Missouri Area Alateen for the Alateen Billboard and seconded by Wendy W. The motion passed by a vote of 10 “yes” votes and 2 “no” votes.
    - **Minority Opinion (Billboard Vote):** Two IRs voted against the billboard funding, expressing concerns about:
      - **Lack of data:** No evidence showing billboards effectively reach teens; appears to be "shooting darts at a board" without targeting research.
      - **Alternative methods:** Suggestion to focus on school counselors, who can directly refer teens, rather than passive billboard advertising.
      - **Teen input needed:** Request to consult actual Alateen members on most effective outreach methods (TikTok, social media, etc.) before committing funds.
      - **Cost concerns:** Questions about careful money management and whether investment will yield results.

- **Financial transparency:** Enhanced financial reporting in Sincerely Al-Anon showing both revenue and expenses (delayed due to personal circumstances).

- **AIS Office Historical Context:**

  - **24-hour answering service:** Established in 1971 at an IR meeting.
  - **Office opening:** Current office opened in 1974.
  - **Laurie's service:** Laurie served as IR in 1979 and has returned as IR again, completing full circle of service.
  - **Office relocation:** 16 years since move from Manchester and McCausland to current location.

- **Events and Announcements:**

  - **District 15 Al-Anon 75th Birthday:** August 1st.
  - **AIS Ice Cream Social with Jewelry Sale:** August 30th (volunteers needed for Saturday setup and Sunday event; gently used jewelry donations accepted at office).

- **Missouri Al-Anon Alateen Convention:** September 25-27 in Springfield at University Plaza Hotel.
- Members were encouraged to publicize and support these upcoming events.

- **Postponement of next IR meeting**: Motion made by Deon B. to move the next IR meeting from July 2nd to July 9th because of the July 4th holiday, and seconded by Diana B. The motion passed unanimously.

10. Open Sharing

11. Attendees

There were a total of nineteen (19) in attendance: thirteen (13) IRs, one (1) AIS Office staff member, and five (5) Board Members in attendance at the meeting.

12. Adjournment/Meeting Close:

The meeting was adjourned at 8:00PM with the Serenity Prayer and Al-Anon Declaration: **Next IR Meeting is Thursday, July 9, 2026** (postponed from July 2nd) **at 7:00 PM on Zoom.**

Respectfully submitted,

Jennifer H., Board Secretary

June 4, 2026 IR Meeting
AIS Office
Treasurer's Report

Status as of April 30, 2026

1. Total Revenue of $6,975, above the 2026 monthly budgeted average of $6,017.
2. Net Operating is at surplus of $737 for the month.
3. Literature Sales were $2,381, above the 2026 monthly budgeted average of $2,333.
4. District Contributions were $0, below the 2026 monthly budgeted average of $333.
   Group Contributions were $3,584, above 2026 monthly budgeted average of $2,333.
   Miscellaneous Contributions of $551, below 2026 monthly budgeted average of $667.
5. Monthly Expenses of $6,238, above the 2026 monthly budgeted average of $6,055.
6. Literature cost of $2,267, above the 2026 monthly budgeted average of $1,667.
7. Total cash in checking was $4,316. Total Cash and Reserves of $70,377.

Respectfully submitted,

Diana Butler

June 4, 2026

AIS Office
Treasurer Report

Status as of April 30, 2026

	Summary	2026 Budget	Monthly Average (2026 Budget / 12)	Variance
Total Revenue	6,975.00	71,950.00	5,995.83	979.17
Net Operating Surplus (Deficit)	737.00	(715.00)	(59.58)	796.58
Literature Sales	2,381.00	28,000.00	2,333.33	47.67
District Contributions	0.00	4,000.00	333.33	(333.33)
Group Contributions	3,584.00	28,000.00	2,333.33	1,250.67
Miscellaneous Contributions	551.00	8,000.00	666.67	(115.67)
Expenses	6,238.00	72,665.00	6,055.42	182.58
Literature Costs	2,267.00	20,000.00	1,666.67	600.33
Checking Account	4,316.00			
Cash on hand & Investments	70,377.00			

Respectfully submitted,
Diana Butler, Treasurer

Al-Anon Family Groups of Greater St. Louis						
Treasurer Report						
April 30, 2026				12 Month		
	Month	YTD		Budget		Variance
	Apr-26	Apr-26		12/31/2026		2026
Revenue						
3000 Annual Appeal/Events	286	286		500		(214)
District Contribution	-	841		4,000		(3,159)
3005 Dollars & Sense	12	37		150		(113)
3015 Fundraising Revenue-Jewelry	-	-		500		(500)
3015 Fundraising Revenue-Pens	1	9		100		(91)
3015 Fundraising Revenue-Journal	24	240		-		240
3020 Gift Certificates	-	(25)		-		(25)
Gifts of Gratitude	-	20		-		20
3025 Group Contributions	3,584	9,653		28,000		(18,347)
3030 Interest Income	80	366		1,500		(1,134)
3035 Literature Sales	2,381	9,319		28,000		(18,681)
3040 Misc. Contributions	551	3,344		8,000		(4,657)
Misc. Deposit	7	7		-		7
3040 Birthday Contributions	-	-		100		(100)
3040 Memorial Contributions	-	-		100		(100)
3045 Processing Fee Income	49	244		1,000		(756)
3055 Unrealized Gain/Loss	-	-		-		-
Total Revenue	**6,975**	**24,341**		71,950		(47,609)
Expenditures						
5000 Advertising	-	-		-		-
5015 Bank Charges	1	1		75		(74)
5025 Business Gifts	-	-		-		-
5030 Business Lic & Permits	-	-		100		(100)
5035 Computer Service	-	-		-		-
5040 Credit Card Fees	59	196		650		(454)
5050 Dues & Subscriptions (QBO)	83	410		1,500		(1,090)
5055 Fundraising Exp - Jrnls.Pens	-	-		-		-
5060 Insurance	49	195		1,040		(845)
5070 Liaison Conf Exp	-	-		-		-
5075 Literature Expense						
5080 Literature For Sale	2,267	3,434		20,000		(16,566)
5085 Outreach Lit (Donated)	225	429		1,000		(571)
5090 Meals & Entertainment	-	-		-		-
5095 Miscellaneous Exp	-	1		500		(500)
5100 Office Supplies	-	620		1,500		(880)
5105 Office Equipment/Repairs	-	24		-		24
5125 Postage	21	163		1,000		(837)
5130 Printing	-	-		500		(500)
5135 Professional Fees	-	-		100		(100)
5140 Public Outreach Expense	-	-		500		(500)
5155 Rent	428	1,728		5,000		(3,272)
5170 Tax Pers Prop	-	-		-		-
5175 Telephone/Internet	-	740		2,000		(1,260)
5180 Website Mgmt	-	-		500		(500)
Payroll Expenses						
Taxes	221	860		2,700		(1,840)
Wages-Office/SA	2,885	11,243		34,000		(22,757)
Wages-Accountant	-	-		-		-
Total Expenditures	**6,238**	**20,044**		72,665		(52,621)
Net Operating Surplus (Deficit)	**737**	**4,297**		(715)		5,012
Change in Payroll Liabilities	**(165)**	**(164)**				
Change in Investment Value	1,312	903				
Contributions - AFG of MO & WSO		**-**				
Total Incr (Decr) in cash		**5,036**				
Cash - Beg Bal 12/31/24		65,341				
Cash - End Bal 04/30/2026		70,377				
Cash-Checking		4,316				
Petty Cash		100				
Cash-Savings MM - reserve		5,523				
Cash-Savings Fund - reserve		60,438				
Total Cash		70,377				