The Art of Loving Detachment:

Setting Healthy Boundaries

District 13 AFG Workshop

April 3, 2027

Holy Cross Lutheran Church

13014 Olive Blvd., Creve Coeur, MO 63141

SPEAKER: CAROL W

ILLINOIS SOUTH

Option to order Companion Bakery sack lunch – half sandwich, side dish, and cookie.

Bring money for basket raffle

For more information contact
d13workshop2027@gmail.com

WORKSHOP SCHEDULE

- 8:30 Doors open/Registration
- 9:00 Opening
- 9:15 Carol-Detachment/Boundaries
- 10:15 Break
- 10:30 Breakout session
- 11:15 Report out
- 11:45 Lunch
- 12:45 Panel
- 1:30 Basket raffle
- 2:00 Closing / Workshop Wrap Up

REGISTER: HERE, or with the QR code, or by mail using the form below.

Mail to: **District 13 Workshop 4496 Acacia Rd. Eureka, MO 63025**

Checks should be made out to District 13 AFG. All registrations are nonrefundable.

Name _____

Email address_____

Please check if Alateen ☐

EARLY REGISTRATION (postmarked before March 20) Al-Anon $10 / Alateen $2

REGISTRATION (postmarked after March 20 or at the door) Al-Anon $15 / Alateen $5

Companion Bakery sack lunch Cost $13.75
(Gluten free $1.50 upcharge)

- ☐ Beef/Cheddar on sourdough
- ☐ Turkey/Brie on croissant
- ☐ Vegetarian on ciabatta
- ☐ Gluten-free bread