

# Save the Date:

**September 25-27, 2026**

**2026 Missouri Area Al-Anon/Alateen Convention**

**“A Little Time for Ourselves”**

*A Convention Created By Al-Anon Members, For Al-Anon Members*

**Springfield, MO**

 **University Plaza Hotel**

**333 South John Q. Hammons Pkwy**

**417-864-7333**

*Life gets busy—come pause, connect, and recharge with your AFG Family.*

## **CONVENTION HIGHLIGHTS**

- **Inspiring Speakers From Multiple States.**
  - GW., Louisiana-AFG
  - Vicki A., Minnesota-AFG
  - Char G., Georgia-AFG
  - Sue K., Missouri-AFG
  - Rick G., Missouri-AA
  - Alateen TBD
- **Mini-Meetings For Al-Anon, Alateen, and A.A.**
- **Shared Meals, Workshops, and Connection**

## **MAKE PLANS NOW TO TAKE A LITTLE TIME FOR YOURSELF**

- 🕒 **SCHEDULE:** Early bird meetings at 4:15 pm; Convention runs 7:00 pm Friday to Noon Sunday.
- 🕒 **EARLY REGISTRATION:** \$35.00 Attend the full weekend or just a day.
- 🕒 **HOTEL INFORMATION:** Room Rate: \$129.00 per night + tax (Special Rate Cut off Aug. 25, 2026)
- 🕒 **REGISTRATION:** coming soon <https://www.missouri-al-anon.org/calendar-of-events.html>.

*Whether you're new to the AFG program or have years of recovery, there's a seat for you.  
Make plans now—and take a little time for yourself.*

**You're Worth The Time  
Because Your Recovery Matters  
A Weekend Just for You**