Intergroup Representatives (IR) Meeting Minutes
Thursday December 4, 2025

The meeting was held on Zoom commencing at approximately 7:00 PM and chaired by Gene M, President. Other Board members present were: Mary R, Office Liaison, Diana B, Treasurer, Barb S, Secretary, Mary K, Vice President and Office Liaison and Jennifer H, board member. Staff member Susan C was also present.

1) **Opening**: Gene opened the meeting with a moment of silence and a cleansing breath, followed by the Serenity Prayer and a reading of Tradition 12.

2) **Attendance and Introductions (New IR's Only)**: There were 24 total members present including 6 board members, 1 Office Staff member and 17 IR's.

3) **Secretary Report - November Meeting Minutes** -
The minutes from the November 2025 IR Meeting were sent out to the IR's via email prior to the meeting. There were no questions, and the minutes were unanimously approved. Barb, the current Secretary, is rotating off the Board at the end of this year. She's been Secretary for three years and on the Board for four years.

4) **Treasurer's Report**: The following report was submitted via email to the IR's for review prior to the meeting along with some more detailed reports - Diana presented the report.

December 4, 2025
AIS Office

Treasurer's Report
Status as of October 31, 2025

1. Total Revenue of $6,173 is slightly above the 2025 monthly budgeted average of $5,925.

2. Net Operating is at a surplus of $1,030 for the month.

3. Literature Sales were $2,181, below the 2025 monthly budgeted average of $2,500.

4. District Contributions were $361 for the month.
   Group Contributions were $2,181, below the 2025 monthly budgeted average of $2,333. Miscellaneous Contributions of $315, below the 2025 monthly budgeted average of $667.

5. Monthly Expenses of $5,142, below the 2025 monthly budgeted average of $6,005.

6. Literature costs of $777, below the 2025 monthly budgeted average of $1,667.

7. Total cash in checking was $4,043. Total Cash and Reserves of $62,309.

Respectfully submitted,

Diana Butler

Diana reported that the numbers in November so far have been good. We have had two major contributions that have come in so far also in December which should help our year end financial numbers.
One IR asked about the Gifts of Gratitude. We have had about 4 donations so far.
The treasurer's report was unanimously approved.

5) **Public Outreach** -

Mary K reported the following:
- A Chairperson is still needed for the PO Committee.
- Mary K and Susan are finalizing a letter that will go out to clergy at churches, synagogues and mosques. They will need several people at noon on 12/16 to help stuff envelopes before sending them out.
- They are considering sending out packets as well to Alateen groups in January.
- They are still working on the DIY PO Outreach sheet - hope to get it out also in January.

6) **Office Report** - The following report was sent out to all IR's for review prior to the meeting:

AIS IR Office Report November 2025

***PO Event We need your help**
Tuesday December 16th at noon at the AIS Office*
More information at the IR meeting tonight

Speakers Bureau

We had 5 requests for speakers for the month of November.

Newcomer Emails

15 emails sent to newcomers. 3 walk-in Newcomers packets given out.
We printed 16 meeting list of NC or returning Al-Anon members
The Office now has an email that can be sent out to Professionals.
The office also has a Welcome to Al-Anon Email. For Newcomers, Please let your groups (especially Zoom meetings) know that this exists. If your group would like to have this sent to newcomers, please contact the office.

We are now using a new program to send out the Sincerely Al-Anon Newsletter. We can only send out one group of emails once every 24 hours. We have three groups.

Meeting Updates

Please let the office know of any change to your meetings by emailing the new information to aisoffice@stl-al-anon.org.

WE WANT YOU!!!!

The AIS Office is looking for volunteers for our Speaker's Bureau. Please call the office or fill out a volunteer form on our website, then email to the office.

Answering Service Report (After Hours)

We had 1 call for the month of November. The volunteer was so excited because she hadn't received a call in two years.

We love our volunteers!!!!!!
Thank you to all the volunteers of our Answering Service Committee.

We love to post Al-Anon events!!

Please send flyers in a PDF and Word Documents if possible.

Respectfully Submitted,
Susan C.

Mary R reported the following:

- Literature sales were consistent - How Al-Anon work was a big sellerand so were the Newcomer packets. 15 Newcomer emails wentnout.
- 5 Requests for Speakers

- After hour committee had one after hours phone call.
- Website views were double the norm halfway into November
- The office has to send out the SA via email in three groups 24 hours apart per Google requirements,

7) **Old Business** -

- Gene discussed the Gratitude contribution campaign in more detail. The fall version of the brochure will still be in the December SA, but going forward they will put in a winter version. There is a separate brochure for Valentine's Day. The donations done so far will be in the December SA.
- Mary K's home group will be donating in memory of one of their group's members who passed away this past year.
- The IBEW Health Fair took place in November - District 14 did PO at that event.
- The November SA included the Gratitude campaign fundraising flyer.
- District 13's Pearls of Wisdom fundraising calendars can still be ordered through January 20th.

8) **New Business -**

- Mary R hasn't heard back from Tom, AA Office manager, about the literature rack. Wall hangings will be hung up in the hall. The painting and new carpeting of the office was done by the Landlord at his expense.
- Gene emphasized that we still need Board Members and a Secretary. Please continue to bring this up at your groups. If you're interested, you can email or call the office. We currently have 6 Board Members but can have up to 9. Barb, the Secretary, is leaving at the end of the year. We record the Zoom meetings, and Barb has typed up the minutes from the recording. We have also been using an AI Tool to summarize the minutes.
- Susan mentioned how supported by the board the employees in the office feel.
- Phones - Diana has found a better deal for the office phones with AT&T. (Switching from Spectrum) It will save us about $40 a month. They will be coming out to do the installation on Friday the 12th.
- Gratitude flyers are in the office and have also been sent out and posted on the website. They are also in the SA.
- Our delegate Sue also sent a flyer about the South Central Regional Delegates meeting - it's March 6-8 at the Crown Plaza, St. Louis Airport.
- There will be no IR meeting on January 1, 2026. Next meeting isn't until February 5th, 2026. The Board will also not meet in December.

- Gene listed a number of events - he emphasized that the Al-Anon convention in 2026 is switching from Old Kinderhook to Springfield MO - there is a flyer on the website.

9) Open Sharing: One IR sang a song.

10) Meeting Close:

Gene closed the meeting at approximately 7:43 PM with the Al-Anon Declaration .

Next Meeting is Thursday, February 5, 2026 at 7 PM on Zoom.

Respectfully submitted,

Barb S, Board Secretary