

## Intergroup Representatives (IR) Meeting Minutes

Thursday December 7, 2023

The meeting was held via Zoom commencing at 7:02 PM and chaired by Blake R, President. Other Board members present were: Linda W, Office Liaison, Barb BS, Secretary, John Y, Vice President and Jan McD and Gene M, board members.

- 1) **Opening:** Blake opened the meeting with a cleansing breath/moment of silence, followed by the Serenity Prayer and a reading of Tradition 12.
- 2) **Attendance:** There were 28 members present including 6 board members, 1 Office Staff member (Susan C), 20 IR' (including 3 new IR's) and one guest.
- 3) **November IR Meeting Minutes -**  
The minutes from the November, 2023 IR Meeting were sent out to the IR's via email prior to the meeting and were unanimously approved.
- 4) **Treasurer's Report:** The following report was submitted via email to the IR's for review prior to the meeting - Blake presented the report in Barry's absence.

### TREASURER'S REPORT – AFG OF STL

As of October 31, 2023

Submitted by Barry Russell, Treasurer

For the December 7, 2023 IR Council Meeting

#### Month of October 2023

1. Overall, the month of October 2023 produced **Total Revenue** of \$7,302 versus the 2023 budgeted average of \$5,693. **Net Operating Deficit** was \$647, and the **YTD result was a \$4,553 Surplus.**
2. On a cash flow basis, Literature Sales were \$2,648 [versus 2023 budgeted average of \$1,833].
3. Group Contributions were \$3,897 [versus the 2023 budgeted average at \$2,108]. Miscellaneous Contributions of \$349 were substantially below our average 2023 monthly expectations of \$1,108.
4. **Monthly Expenses**, at \$7,949, were above the 2023 budgeted average of \$5,688.

5. Literature and brochure costs of \$2,194 were almost double the 2023 budgeted average of \$1,417. This category includes the new Alanon brochures which we are reselling at a slight profit.
6. Our 2023 YTD Surplus of \$4,553 compared to 2022 YTD Deficit of \$798 is still a good place to be. That is a \$5,351 Variance in favor of 2023.
7. **Total cash in checking** was \$5,067. Total Cash and Reserves were \$57,745.
8. The previously approved drawdown of \$5,000 still has \$2,000 left undrawn. The Board decided to hold off returning funds to Reserves. Despite the expenses for new computer equipment and the new Alanon STL brochures, our YTD position remains positive.

Respectfully submitted,

M. Barry R, Treasurer

Blake clarified what “Reserves” consist of and that we try to maintain Reserves of one year’s budget. We are someone under but doing OK overall.

One IR asked what “Miscellaneous Contributions” consisted of, and that was explained.

One IR asked about the cost of the new computer system - Linda clarified that it was less than \$1200. The former computers were old and out of date so replacement was essential.

The treasurer’s report was unanimously approved.

#### 5) **Public Outreach -**

John reported that the committee has been very busy, involved in a number of health fairs, recovery centers and other events. They are sending the professional packets out and are doing outreach to libraries. Most of their last meeting discussed how the committee can get extra help if needed to staff events. The committee chair Cathy W has agreed to keep a master list of these volunteers. John asked that anyone interested in volunteering send their information (name, phone number and email) to the office who will forward it to Cathy W. Joy who is in the committee has agreed to assist with the coordination of PO events at all levels to make sure everyone is aware and to prevent duplication. Lois asked at which times these events normally occur. John said it varies

and can be at any time but it is mostly on weekends for a few hours' shift. If we get a lot of volunteers, we can spread out the work. John discussed how the PO committee could possibly keep a "mini suitcase" with appropriate inventory so they don't have to constantly sign out the suitcase from the AIS office.

## 6) After Hours and Office Reports -

The following report was sent out to the IR's via email for review prior to the meeting:

### AIS Office Sales and Website Report

**Ais Office will be closed for Monday December the 25<sup>th</sup> & Monday January the 1<sup>st</sup>.**

## **We love to post Al-Anon events!!**

Please email the flyer(s) to the Office at [aisoffice@stl-al-anon.org](mailto:aisoffice@stl-al-anon.org)

**All flyers need to be in a PDF**

### Answering Service Report

No calls for the month

### AIS Office Sales and Website Report

#### **November Web Activity:**

9 orders

#### **November Sales**

128 sales & contributions.

148 A Little Time for Myself in November. 403 Overall.

321 Tri-Fold Brochures .10 cent each or 50 for \$4.00

100 Business Cards

### Sincerely Al-Anon

Please ask your group members to sign-up for our newsletter at [www.stl-al-anon.org](http://www.stl-al-anon.org).

### Newcomer Packets

The Office now has a Welcome to Al-Anon Email. Please let your groups (especially our Zoom meetings) know of our new guidelines. The office would be happy to pass this email to the groups if your groups would like to send email out to Newcomers (NC).

16 emails were sent to NC's for the month of November. 1 NC packets was given out in-person in November.

### Meeting Updates

Please let the office know of any change to your meetings by emailing the new information to [aisoffice@stl-al-anon.org](mailto:aisoffice@stl-al-anon.org)

To get the meeting changes in the weekly updates it is best to get the information to the office by Monday 9am.

**My Journey Journals**

These make great gifts for the holidays and easy to mail.  
Journals are \$12.00 each.

**For 2024**

**July the 4<sup>th</sup> is on the first Thursday. The Office will be closed due to the federal holiday.  
The IR meeting will be on July 11<sup>th</sup> at 7 pm**

In Service,  
Susan C.

Susan also announced the Holiday open house which will take place at the AIS office on Saturday 12/16 from 2-8 PM. The Al-Anon office will be open from 2-6 PM. It's a Potluck.

Linda mentioned that the new readers just sold out again. Susan said that we may get more in the end of December. The new reader has been extremely popular.

Barb and Susan clarified that "No Calls" means after hours calls, not just calls in general to the AIS office.

Clarification was given in the prices for the new Tri-Fold brochures. They are 10 cents each or \$4.00 for 50 or \$8.00 for 100.

7) **New Business:** Blake gave an update on the Board/Officer elections:

A) Gene is a new board member and is taking over as VP/Public Outreach Liaison in January.

B) Barry, current Treasurer, will step down in January.

C) Jan, Barb, Linda, John and Blake will continue on the Board. Blake will continue to serve as President and will act as Treasurer until we find a new one. Barb will continue as Secretary and Linda as Office Liaison.

8) **Open Sharing:**

One IR, Johanna, discussed Al-Anon/Alateen TV commercials she has seen there on TV. She didn't know who sponsored it and didn't think we'd done any in MO. The group clarified that this was done by WSO and done by actors to maintain anonymity. One of the ads was pulled up from YouTube. Linda said that a few have been on in MO, usually in the middle of the night, probably due to cheaper air time.

One guest (Diane) shared information about the Front Range Al-Anon meeting out of CO which takes place daily at 1 PM Central time via Zoom. They will be on from 9 AM to 9 PM on Christmas Day. They also did this on Thanksgiving and it went great. She provided the link in the Zoom chat and will send the information to the AIS office.

Blake closed the meeting at approximately 7:40 with the Serenity Prayer and the Al-Anon Declaration

**Next Meeting is Thursday, January 4th, 2023 at 7 PM via Zoom**

**Respectfully submitted,**

Barb BS, Board Secretary