

Intergroup Representatives (IR) Meeting Minutes

Thursday, July 11, 2024

The meeting was held via Zoom commencing at 7:02 PM and chaired by Blake R., President. Other Board members present were: Barb S, Secretary, Jan McD, board member, Diana B, Treasurer, Gene M, Vice President and Public Outreach Liaison and Linda W, Office Liaison. Susan C, office staff, also attended.

- 1) **Opening:** Blake welcomed all to the meeting and opened the meeting with a cleansing breath/moment of silence, followed by the Serenity Prayer and a reading of Tradition 7.
- 2) **Attendance:** There were 23 total members present including 6 board members, 1 Office Staff member, and 16 IR's.
- 3) **June IR Meeting Minutes -**
The minutes from the June 2024 IR Meeting were sent out to the IR's via email prior to the meeting. The minutes were unanimously approved.
- 4) **Treasurer's Report:** The following report was submitted via email to the IR's for review prior to the meeting - Diana B, Treasurer, presented the report.

July 11, 2024 IR Meeting Meeting Treasurer's Report Status as of May 31, 2024

May 2024 Summary:

1. For the month of May 2024, Total Revenue of \$5,272 is below the 2024 monthly budgeted average of \$6,203.
2. Net Operating surplus was \$1,309 for the month.
3. On a cash flow basis, Literature Sales were \$3,000 which is above the 2024 monthly budgeted average of \$2,291.
4. Group Contributions were \$1,838, which is below the 2024 monthly budgeted average of \$2,333. Miscellaneous Contributions of \$194 was lower than the 2024 monthly budgeted average of \$1,083.
5. Monthly Expenses of \$3,963, were below the 2024 monthly budgeted average of \$6,261.

- Literature costs of \$0 was below the 2024 monthly budgeted average of \$1,666. (Diana noted that a purchase was made but it wasn't paid until June so it will be reflected next month.)

No Literature was purchased/paid for in May.

- Total cash in checking was \$4,998. Total Cash and Reserves is \$58,408.

Respectfully submitted,

Diana Butler

Blake pointed out that no rent was paid during this pay period so the monthly rent isn't reflected in the monthly expenses. We didn't receive a bill for the rent from AA. We will pay double so we may be above the monthly budgeted average for expenses in June.

The Treasurer's Report was unanimously approved.

5) **Public Outreach** -

Gene M, public outreach liaison, shared the following:

- He attended the PO Zoom meeting the first Monday of July - there were 9-10 people there.
- Joy discussed the Immersion Scholar Fair in Franklin County where 20 scholars from different universities with medical background attended to learn about the benefits of working in a rural environment. Al-Anon was present and gave out literature.
- The area Zoom meeting went well but there were a few technical difficulties. She plans to have them quarterly.
- Day In Service went well.
- District 17 Outreach event sponsored by the Kaufman fund for Veterans went well.
- July 26-27 Mental Health Expo at Mid Rivers Mall - help needed for that - it's a 10 hour each day event.
- Veterans Resource and Job Fair in Florissant at the JFK Center on 8/14. A Group in District 10 will be manning that.
- Veterans Conference will be held at the Carpenters Hall on 9/11.
- Back to school event at Liberty HS in Lake STL - member will attend with Alateen literature.
- Coffee with a cop event activity fair was missed, but they will deliver literature to the police department.
- Health fair sponsored by Bausch & Lomb later in the year they will participate in.
- Sobriety Walk down south in District 2 will take place later this year.
- Looking for more outreach activities for the VA at the Barracks in District 2.

- 14) PO Chairperson Cathy W is stepping down this month and they need a replacement. Gene commented on what a great job she did.
- 15) The committee discussed Al-Anon speakers sticking to the guidelines and suggested that the G1 Speaker guidelines be given out to those participating in the speakers bureau.
- 16) Alateen posters have gone out and are available to the DR's.
- 17) No committee meeting in August.

6) After Hours and Office Reports -

AIS IR Office Report July 2024

Ice Cream Social & Jewelry Sale August 18th 2024

We need volunteers! Call Susan C. on Tuesday or Thursday at the Office or email her at aisoffice@stl-al-anon.org

NEW MEETING

Parents Courage to Change

*Wednesday at 7pm
Salem United Methodist
1200 S. Lindbergh-63131
Started June 5th*

*We are still in need for a Public Outreach Chair for the AIS Office
Please call the office for more information 314-645-1572*

We love to post Al-Anon events!!

Please email your PDF Flyers to aisoffice@stl-al-anon.org.
If you write an article we will publish it in the Sincerely Al-Anon with a link to your flyer.
All flyers need to be in a PDF form.

Answering Service Report (After Hours)

No calls in the month of June

AIS Office Website & Top Literature Report

63 How Al-Anon Works
103 newcomer Packets
7 Web orders total \$219.50

Newcomer Emails

The Office now has a Welcome to Al-Anon Email. Please let your groups (especially our Zoom meetings) know that this exists. If your group would like to have this for newcomers, please contact the office.

20 emails sent to newcomers five referrals from relatives in AA/AFG; 6 from our website, 1 from a Church & 2 Medical Prof.

Meeting Updates

Please let the office know of any change to your meetings by emailing the new information to aisoffice@stl-al-anon.org.

To get the meeting changes in the weekly updates it is best to get the information to the office by Monday 9am.

We Want You!!!!

**THE AIS OFFICE IS LOOKING FOR VOLUNTEERS FOR OUR SPEAKERS BUREAU.
PLEASE CALL THE OFFICE OR FILL OUT AN VOLUNTEER FORM ON OUR WEBSITE, then email to the office.**

Respectfully submitted

Susan C..

7) Old Business:

Blake discussed the need for new board members as he and Linda will be rotating off the end of this year. Terms are 2 years with the opportunity to serve for an additional 2 year term. We currently have 7 board members. We can have between 6 and 9 total.

8) New Business -

Al-Anon's current sublease ends in 2025. It was a 15 year lease and we will have the option to renew it for another 5 years. Cost will go up so our rent will increase. We sublease from AA - we have 18% of the space and pay our common area maintenance charges for that percentage.

G1 Speaker Guidelines - IR's were sent these with meeting email. These are a reminder for the groups and can be handed out or emailed to group members.

9) Open Sharing -

- Blake clarified which board officer positions would be open. We like to have a minimum of 6 board members, but can have up to 9. Looking for at least 3 new board members.
- Terms are 2 years. You can serve one additional term.
- Board and IR Meetings are both held on Zoom.
- One IR asked about whether there was a list of description of each board position. Susan C will send them out with the IR Minutes.

Blake closed the meeting at approximately 7:36 PM with the Serenity Prayer and the Al-Anon Declaration.

The next IR meeting is Thursday, August 1st at 7 PM via Zoom

Respectfully submitted,

Barb S
Board Secretary