**Intergroup Representatives (IR) Meeting Minutes**

**Thursday, March 7, 2024**

The meeting was held via Zoom commencing at 7:02 PM and chaired by Blake R, President. Other Board members present were: Barb BS, Secretary, Jan McD, board member, Linda W, Office Liaison, and Diana B, Treasurer. Susan C, office staff, also attended.

1. **Opening**: Blake opened the meeting with a cleansing breath/moment of silence, followed by the Serenity Prayer and a reading of Tradition 3.
2. **Attendance**: There were 28 total members present including 5 board members, 1 Office Staff member, and 22 IR’s, including 2 new IR’s and one alternate IR.

3)  **February IR Meeting Minutes** -

The minutes from the February, 2024 IR Meeting were sent out to the IR’s via email prior to the meeting and were unanimously approved.

4)  **Treasurer’s Report:** The following report was submitted via email to the IR’s for review prior to the meeting - Diana B, Treasurer, presented the report.

**February 2024 AIS Board**

**Treasurer’s Report**

**Status as of January 31, 2024**

**January 2024 Summary:**

1. Overall, the month of January 2024 produced Total Revenue of $7,885 versus the 2024 budgeted average of $6,203.
2. Net Operating surplus was $1,809 for the month. For 2024 we ended with a $1,809 surplus.
3. On a cash flow basis, Literature Sales were $2,739 versus 2024 budgeted average of $2,291.
4. Group Contributions were $4,360 versus the 2024 budgeted average at $2,333. Miscellaneous Contributions of $417 were lower than our 2024 budgeted average of $1,083.
5. Monthly Expenses of $6,076, were slightly below the 2024 budgeted average of $6,261.
6. Literature costs of $1,898 were slightly above the 2024 budgeted average of $1,666.
7. Our end of year surplus of $1,809 for 2024 compared to the 2023 year end surplus of $4,732.
8. Total cash in checking was $6,402. Total Cash and Reserves is $59,545.

Respectfully submitted,

Diana Butler

Blake noted that the year has started out well - this could be because groups wait until the first of the year to make a contribution. He also noted that the PO Committee has been doing such a great job that more people are joining and contributing.

The Treasurer’s report was unanimously approved.

5) **Public Outreach** -

Gene M, committee liaison, was not in attendance so Blake summarized the committee’s activity as follows:

* Treatment Centers - meetings are on hold at Harris House. At Bridgeway, committee continues to have Al-Anon meetings.
* There will be a public outreach table for a heroin and fentanyl seminar in May and at a senior fair in April.
* Committee made contact with counselors at Lindbergh School District - they agreed to receive professional packets which the committee is providing. Looking into doing this at the Melville school district and to other school districts.
* They have tablecloths available embroidered with Al-Anon information which look great. They cost $40 and any group or district can order one.
* Alateen - there are four Alateen meetings currently going on in our area - Festus, Kirkwood, Bridgeton and St. Charles. The committee is going to provide Alateen packets to all interested districts at no cost. Anyone can obtain them from the committee. Susan C emailed all DR’s that these packets were available. The Alateen packets contain information specifically geared to Alateens to give to a professional to hand out.
* In district 15, they are starting up PO again - they have a goal to initially kick it off and to reach out and hand out literature in their district.

6) **After Hours and Office Reports** -

The following report was sent out to the IR’s via email for review prior to the meeting:

**\*AIS IR Office Report March 2024\***

**“A Little Time for Myself”**

Cost: $17.00

Acquire by:

* Picking Up at the Office- Monday-Friday 9 am-5 pm; 14 Sunnen Drive, Suite144, St. Louis, MO   63143

(Holds for pre-paid orders only (4% processing fee applied to all Credit Cards)

* Ship with Prepayment. (shipping and handling fees apply).
* Call the Office to order 314-645-1572
* Order via Website “Online Store”:  [www.stl-al-anon.org](http://www.stl-al-anon.org)

**We love to post Al-Anon events!!**

Please email your PDF Flyers to [aisoffice@stl-al-anon.org](mailto:aisoffice@stl-al-anon.org).

If you write an article we will publish it in the Sincerely Al-Anon with a link to your flyer.

All flyers need to be in a PDF form.

**Answering Service Report (After Hours)**

No calls in February

**AIS Office Website Report  
February Web Activity:**

8 web orders.

**Sincerely Al-Anon**

Please ask your group members to sign-up for our newsletter at [www.stl-al-anon.org](http://www.stl-al-anon.org).

**Newcomer Emails**

The Office now has a Welcome to Al-Anon Email. Please let your groups (especially our Zoom meetings) know that this exists. If your group would like to have this for newcomers, please contact the office.

17 emails were sent to Newcomers for the month of January. 4 Newcomer packets were given out in-person or mailed.

Two meeting lists were printed for walk-in Newcomers.

**Meeting Updates**

Please let the office know of any change to your meetings by emailing the new information to [aisoffice@stl-al-anon.org](mailto:asioffice@stl-Al-Anon.org).

To get the meeting changes in the weekly updates it is best to get the information to the office by Monday 9am.

**Public Outreach Report**

Public Outreach is going strong. Cathy W. our AIS Office Coordinator and committee have given out Public Outreach packets to the districts the Office supports. We have asked the district to send the Office your experiences of your PO events. We will publish them in the Sincerely Al-Anon.

District 2 gave out packets to all the counsels at Lindbergh school wide district meeting. See article in our March Sincerely Al-Anon Newsletter. District 15 is asking the libraries in their area if we can post the PO poster and place tri-Folds in their racks. We have gotten good response from the libraries.

The PO committee next campaign is Alateen packets to give out to all who work with students. We will be looking to the district on ways to distribute the Alateen packets. AIS Office PO Committee is always looking for new ideas to spread the word about Al-Anon. Email or call the office with your ideas.

**For 2024**

***July the 4th is on the first Thursday. The Office will be closed due to the federal holiday.***

***The IR meeting will be on July 11th at 7 pm***

***Susan C.***

*Susan reiterated that the office loves to post events and asked that groups/districts share PDF’s with the office so they can be posted in the Sincerely Al-Anon. Linda recommended that if any groups want large quantities of books/pamphlets, etc., that they call the office so they can be ordered in advance. The office has limited quantities of many items.*

7) **New/Old Business: None**

8) **Open Sharing:**

* One IR shared that District 14 is having their annual picnic on 6/9 around noon in Tower Grove Park. The flyer will be coming out in the next few weeks. Susan asked that they send her a PDF of the event with a few words describing it.
* Blake emphasized that IR’s please bring up if they feel that the Board needs to address any specific issues. The board members are here to serve the organization. IR’s can contact him, any Board member or the office, and we will address and get back to them.
* Mary shared that her district 15th’s sponsorship workshop is on Saturday AM March 16th. Flyers should be in the SA. Marge G will be the speaker. It will be at the Concordia Lutheran Church in Kirkwood. Bagels , water and coffee will be served.
* 2024 State Convention for IL will be in Collinsville, IL October 11-13 at the Doubletree by Hilton. It’s called Growing Al-Anon Connections. She will send flyer to Susan so it can be posted.
* Lorraine said that there is babysitting at Grateful Everyday. It’s on 7:30 on Friday evenings in the Webster Groves area.

Blake closed the meeting at approximately 7:30 PM with the Serenity Prayer and the Al-Anon declaration.

The next IR meeting is Thursday, April 4th at 7 PM via Zoom.

Respectfully submitted,

Barb S

Board Secretary