

Intergroup Representatives (IR) Meeting Minutes

Thursday October 5, 2023

The meeting was held via Zoom commencing at 7:02 PM and chaired by Blake R, President. Other Board members present were: John Y., Vice President, Barry R., Treasurer , and Linda W, Office Liaison. Susan C., Office Staff, was also in attendance.

- 1) **Opening:** Blake opened the meeting with a cleansing breath/moment of silence, followed by the Serenity Prayer and a short reading of Tradition 10.
- 2) **Attendance:** There were 24 members present including 4 board members, 1 office staff person and 19 IR's.
- 3) **September IR Meeting Minutes -**
The minutes from the September, 2023 IR Meeting were sent out to the IR's via email prior to the meeting and were unanimously approved.
- 4) **Treasurer's Report:** The following report was submitted via email to the IR's for review prior to the meeting:

TREASURER'S REPORT – AFG OF STL

As of August 31, 2023

Submitted by Barry Russell, Treasurer

For October 5, 2023 IR Council Meeting

Month of August 2023

1. Overall, the month of August 2023 produced **Total Revenue** of \$5,519 versus the 2023 budgeted average of \$5,693. **Net Operating Deficit** was \$542, and the **YTD result was a \$6,307 Surplus.**
2. On a cash flow basis, Literature Sales were \$3,160 [versus 2023 budgeted average of \$1,833]. The new daily reader continues to be a sell-out success!
3. Group Contributions were \$588 [versus the 2023 budgeted average at \$2,108]. Miscellaneous Contributions of \$1,344 were above our average 2023 monthly expectations of \$1,108.

4. **Monthly Expenses**, at \$6,061, were just above the 2023 budgeted average of \$5,688.
5. Literature costs of \$1,636 were above the 2023 budgeted average of \$1,417.
6. Our YTD Surplus of \$6,307 compared to 2022 YTD Surplus of \$2,380 is still a good place to be. That is a \$3,927 Variance in favor of 2023.
7. **Total cash in checking** was \$7,047. Total Cash and Reserves were \$61,042. That reflects the effect from increasing interest rate returns against the income-oriented investments of our reserves. The Board will examine if funds need to be redeployed into different types of security holdings.
8. The previously approved drawdown of \$5,000 still has \$2,000 left undrawn. The Board decided to hold off putting funds into Reserves. During the Board Meeting we learned that the two antiquated desktop computers need replacing at the AIS office.

Respectfully submitted,

M. Barry R, Treasurer

Blake reported that he has reached out to PNC Bank and our investment manager to see where our investments are today and to see what options are available to us. We are invested conservatively. He will bring back findings to the group if we decide on any changes.

Barry feels like we are doing well for the year, but we'll see how well we do when September and October results come out. The computer expenses were unexpected but must be accommodated.

The treasurer's report was unanimously approved.

5) **Public Outreach -**

They had their monthly meeting on October 2nd. They continue to work with Bridgeway and Harris House and are looking for other treatment center facilities. They are under budget to date. The library project is still underway. They're trying to provide books and Forums. Recovery Fest was very successful. They also attended the Fall

Classic. They are working on DART meetings and dropping materials at government facilities. They will be attending a domestic violence awareness rally on 10/24. Cathy W will be out this month because she is having knee surgery. They've asked if we can request volunteers on the website when they need staffing for events. They asked about individual groups Facebook pages and if individuals were going there in lieu of going to the AIS website for information. Everyone thinks the update of the AIS website is excellent. PO has given positive feedback on adding the QR code to the business cards - it was also added to the Tri-fold brochure at John Y's request.

One IR who works at a treatment center requested some of the Tri-Folds to place at those facilities. She will keep the PO group advised of health fairs she knows about.

6) After Hours and Office Reports -

The following report was sent out to the IR's via email for review prior to the meeting:

AIS IR Office Report October 2023

Sincerely Al-Anon

Please ask your group members to sign-up for our newsletter at www.stl-al-anon.org.

If you want to know when the new read arrives sign up for our emails. When it arrives the office will send out an email.

Answering Service Report

First call was a man wanting to find a meeting in the Brentwood area. I called him back and left a message for him to call back or call the office daytime and left the website address.

Second call was a message from a man from. KS City area having trouble reaching the Springfield Mo AIS, the number he is calling is disconnected and he wonders if our office has a different number he can try.

Office staff took care of this message.

Are you looking for a Service Commitment?

Answering Service Coordinator

If you are looking for a service commitment, please call the AIS office for more information.

314-645-1572

AIS Office September Sales and Website Report

September Web Activity

1314 Visitors & 5 web orders.

September Sales

118 total sales & contributions.

109 Newcomer Packets, 64 How Al-Anon Works

NEW BOOK: A Little Time for Myself is still out of stock (No News)

To reserve a copy, you can pre-pay by calling the office.

Newcomer Packets

The Office now has a Welcome to Al-Anon Email. Please let your groups (especially our Zoom meetings) know of our new guidelines. 19 emails went out to NC's for the month of September. 3 NC packets were given out in-person in September.

Meeting Updates

Please let the office know of any change to your meetings by emailing the new information to aisoffice@stl-al-anon.org
To get the meeting changes in the weekly updates it is best to get the information to the office by Monday 9am.

My Journey Journals

These make great gifts for the holidays and easy to mail.
Journals are \$12.00 each.

Events

We love to post Al-Anon events!!

Please email the flyer(s) to the Office at aisoffice@stl-al-anon.org

In Service,
Susan C.

Susan C added that the new Alateen meeting in Festus has been changed from Mondays to Tuesdays. Blake reiterated that the PC's need to be replaced. The Board is doing research and new computers and ancillary equipment will be purchased

7) Old Business:

Tri-Fold Brochures for Al-Anon

Blake showed the proposed brochure to the IR's by sharing his screen. Linda shared the purpose of the brochure, the information it contains and how it will/could be used. She went over each page. The Board had a graphic artist go over it and redesign it to make it pop. We are hopeful that we will have these available for use soon. We will request that they be printed and are getting a good price. Susan C stated that she and the office are very happy with it. With these and the business cards, we have two excellent ways to share our message. Linda will request that the printer start tomorrow - we will have 5,000 printed initially. They should be available by the next IR meeting if not before. Once available, they will be able to be picked up at the AIS office.

8) New Business:

There are two individuals who are interested in joining the Board. They will attend the next Board meeting in person and will join if they are still interested. We currently have six members and can have up to nine.

9) Open Sharing:

Denise asked about the email information that is sent out to the IR's prior to the meetings. It is essentially a month behind - Blake verified that was the case. One IR said that her group has been putting Al-Anon literature in neighborhood book boxes and that it always disappears. One IR reminded the group that Grateful Everyday on Friday nights in Kirkwood offers babysitting.

Blake closed the meeting with the Serenity Prayer and the Al-Anon Declaration

Next Meeting is Thursday, November 2nd, 2023 at 7 PM via Zoom