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Intergroup Representatives (IR) Meeting Agenda

July 9, 2026 – 7:00 PM - Zoom

Zoom Link: https://us02web.zoom.us/j/82744171250?pwd=UGFVYlgzU0wxaTArYkJzRGcwNWpzZz09

Zoom ID: 827-4417-1250 Password: 540266

1. OPENING - Moment of silence, a cleansing breath, followed by the Serenity Prayer.

Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

2. TRADITION of the month for July:

Every group ought to be fully self-supporting, declining outside contributions.

3. Introductions-***Guests & New IR Members Only***.

4. Secretary Report (Jennifer)

QUESTIONS/APPROVAL - Minutes from previous IR meeting

5. Treasurer report (Diana) (as of 5-30-26)

QUESTIONS/APPROVAL -

6. Public Outreach report (Mary K.)

a. Committee report

b. Public outreach opportunities

QUESTIONS

7. Office Report (Mary R.)

a. Literature Sales

b. After hours committee report

c. Speakers Bureau report

d. Website report

QUESTIONS

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8. Old Business

a. Spectrum issues

b. Financial info in *Sincerely Al-Anon*

c. Billboard PSA discussion

1. Area official asked for AIS financial help with billboard cost

2. Area official asked for feedback after billboard has been up

d. PO to churches in South County/Jefferson County

9. New Business:

a. Insurance issues

b. Adding M-7 to Newcomers Pack

c Upcoming Events:

July 31st-August 2nd MO State AA Convention with Al-Anon Participation —Save the Date

Flyer

August 1st District 15 Kindness, Courage, & Hope
75 Years Strong Celebration!

Save the Date Flyer

August 9, 2026

Al-Anon Members Involved in Alateen Service (AMIAS) Training

1:00 - 3:30 pm

This meets the required training for AMIAS in the Missouri Area.

Flyer

August 14th– 16th Summertime in the Ozarks
Eureka Springs AR

(Flyer coming soon)

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August 30th Alateen Super Sunday — Springfield MO

(Flyer coming soon)

August 30th AIS **Ice Cream Social & Jewelry Sale**
At AIS Office. 14 Sunnen Dr. Suite 144 , Maplewood, MO.
Jewelry Sale begins at 11:00 AM -- Ice Cream Social 1 – 3;30 PM

September 13, 2026 3:00-5:00 pm
District 13 Ice Cream Social
Des Peres Park
12325 Manchester Road
Des Peres, MO 63131

Flyer

September 25th– 27th MO Area Al—Anon/Alateen Convention with AA Participation

Flyer

Dates in 2028

July 20th– 22nd, 2028 — Al-Anon International Convention

10. Open Sharing
11. Number of attendees, number of IRs
12. Meeting Close.

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Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Al-Anon Declaration

Let it begin with me. When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there. And let it begin with me.

Next IR Meeting - Thursday, August 6, 2026 at 7:00 PM on Zoom.

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